

# Healthy Youth and Family Coalition

September 5, 2019

Toledo Grows

9:00-11:00

## Agenda:

### Call to Order & Welcome

**Attendees:** Mike Hibbard (Buckeye Health Plan), Gary Arbuckle (LCBDD), Yvonne Dubielak (Toledo Grows), Beth Deakins (YMCA/Live Well), Jenny Hansen (YMCA/Live Well), Amy Abodeely (TLCHD/CHC)

### 1. Presentation:

- **Toledo Grows: Yvonne Dubielak**

- Presented on the history of Toledo Grows along with what they can provide to the community
- They currently have 2.5 acres of land to harvest crops as well as honey and eggs
- They support 125 community gardens throughout Toledo
- They supply 4-6K plants to community gardens/year
- They have summer and fall CSA shares for individuals to buy
- They are funded through: CBG, United Way, Stranahan Foundation, and Andersons
- They can provide education, technical assistance and seeds to the community

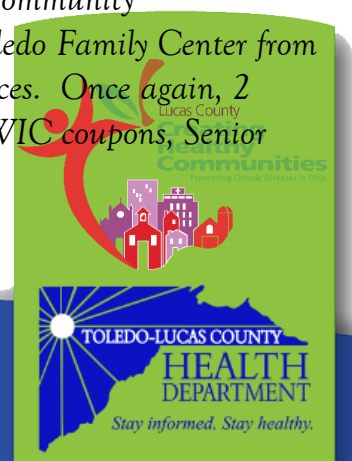
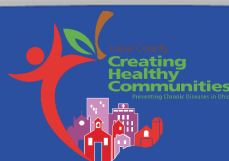
### 2. 2019

- **2019 Workplan**

- i. **Healthy Eating**

- Farmers Market**

- Hosted Famers Market on 8/20/19 at the Health Department.
      - 2 Farmers attended the Market and were able to accept WIC coupons, Senior Nutrition coupons as well as SNAP and double up coupons
      - \$95 of SNAP and double up coupons were redeemed. \$75 WIC coupons and \$100 senior coupons were redeemed
      - Community agencies were present to provide resources to the community
      - Second Farmers Market will be held on 9/17/19 at East Toledo Family Center from 1-5 pm. Community agencies will be present to provide resources. Once again, 2 farmers will be present to accept SNAP, double up coupons, WIC coupons, Senior Nutrition Coupons as well as cash. Flyer is attached.



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## Corner Store

- Connected a local farmer (Riehm Farms) to a local corner store (Save Way Market) to provide local produce to their customers.
- Riehm Farms delivers local produce every other week to Save Way Market.
- Save Way Market places the order on Tuesdays and it is delivered on Thursday.
- This is a pilot program for 3 months paid for by Live Well Greater Toledo. After the 3-month pilot is up the program will hopefully continue between Riehms Farms and Save Way Market.
- A food demonstration is scheduled for Friday October 4<sup>th</sup> from 11:00-1:00. The food demonstration will highlight the local foods being purchased.
- In process of developing flyer. Once flyer is created will send to coalition.

## Breastfeeding

- Working with Toledo Hospital Health Services Center to implement a breastfeeding policy as well as furnish a room
- In the process of obtaining employee surveys and drafting a policy
- Hylant also reached out and is interested in reviewing/revising their breastfeeding policy. In the process of setting up a meeting.

## ii. Active Living

### Lucas County Active Transportation Plan

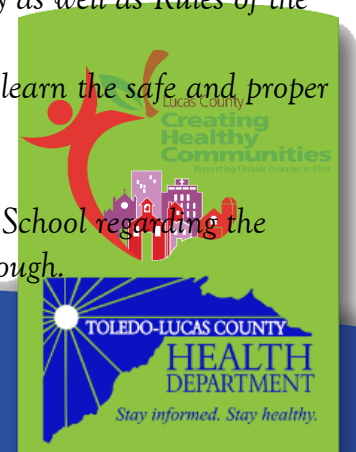
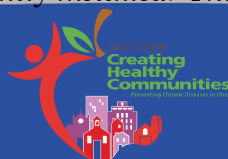
- Hosted an Active Transportation Workshop facilitated by Toole Design on June 6<sup>th</sup> from 1-4 at the West Toledo Branch Library
- Stakeholders from the City of Toledo, Sylvania, Oregon, County Officials, Metroparks, Lucas County Board of Developmental Disabilities, Commissioners Office, and Health Department attended
- Workshop presented helpful ideas on how to develop and implement an Active Transportation Plan for Lucas County.
- The Plan hopes to be completed and adopted in 2021

### Active Commute

- Working with the Health Department on developing Active Commute Guidelines
- Held a Lunch and Learn for the HD employees on Bike Safety as well as Rules of the Road
- Held an experiential ride using the Tolego Bike Share bikes to learn the safe and proper way to navigate the road.

### Share Use Agreement

- Was planning to develop a share used agreement with Beverly School regarding the trailhead that was recently installed. This ended up falling through.



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- Hoping to work with the Metroparks to install a bike fix-it station at the new trail head located at Detroit and Copeland since there is no place to fix a bike for miles which may inhibit people using the trail.

## iii. Tobacco 21

- The State of Ohio passed the Tobacco 21 Law back in June
- The Law goes into effect the beginning of October
- The Law does not have an enforcement piece
- Trying to figure out how the jurisdictions will enforce the Law

## • Change Tool Updates

- Need to complete 30 Change Tool Assessments by the end of the year.
- Have currently completed: 17
- Sites that have closed since 2015: 3
- Have scheduled: 4
- Trying to contact: 6 (4 which are TPS schools) Jenny suggested waiting until mid-October to contact since the beginning of school is hectic for administration.

## • Year End Evaluation

- Should be coming out in the next month by ODH
- Will send an email with link. Please take a minute to fill out.

## 3. Other 2019 Topics of Discussion

### • December Speaker Ideas

- Lucas County Active Transportation Plan: Presented by Beth Deakins (YMCA/Live Well Greater Toledo)

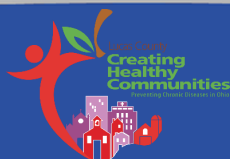
### • 2020 Grant/Project Ideas

#### Active Living Objectives:

- Completion of Lucas County Active Transportation Plan
- Washington Local Safe Routes to School Plan located in Central City Toledo
- Worksite Active Commute Support Strategy in South Toledo

#### Health Eating Objectives

- Food Service Guideline (Healthy Vending) in a South Toledo business
- Pop-up Farmers Market in East Toledo
- Client Choice Pantry in Central City Toledo



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- **2020 Meeting Locations**

- *Lucas County Board of Developmental Disabilities will host the June meeting. They will also present at the meeting*

## 4. Open Forum / Questions

### Toledo Grows (Yvonne Dubielak)

- *Harvest Market Dinner is Thursday, September 26<sup>th</sup> from 6:00pm-9:00pm at the Toledo Farmers' Market. See attached flyer.*

### Safe Routes to School (Jenny Hansen)

- *In the process of completing the Washington Local School Travel Plan. Hope to submit by March so they can apply for ODOT's infrastructure grant*
- *This is TPS 6<sup>th</sup> year having Safe Routes. They currently have 14 schools participating in the Walk and Roll program using Active for Me. Also will have Operational Live Saver program at some schools in East Toledo to talk about safety around railroad crossings.*
- *There are six Bike Fix it events coming up this fall. 4 at TPS schools and 2 at Washington Local Schools*
- *Walk to School Day is scheduled for Wednesday, October 2<sup>nd</sup>. Safe Kids will be at Raymer Elementary that day while Live Well will be at McGregor Elementary.*
- *Currently 22 TPS schools are registered for Walk to School Day and 10 Washington Local Schools are registered.*

### Buckeye Health Plan

- *Saturday, September 7<sup>th</sup> Buckeye will be giving out free \$10 vouchers for its members at the Erie Street Market. It will run from 8am-1:30pm. OSU extension will be there doing salsa tasting, caricature. Promedica will be there doing screenings. Hoping to reach about 400 members. See attached flyer*

### Lucas County Board of Developmental Disabilities

- *See attached flyers*

## 5. Next Meeting :

- **December 5, 2019**  
**9:00-11:00am**  
**Believe Center**

