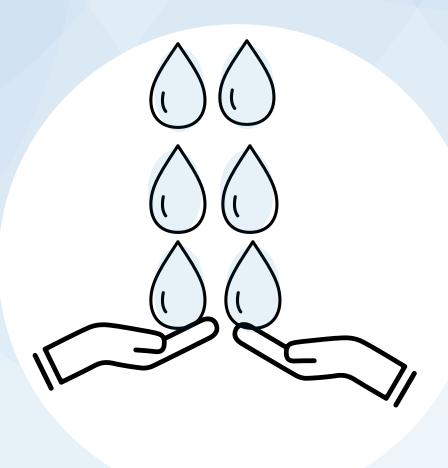
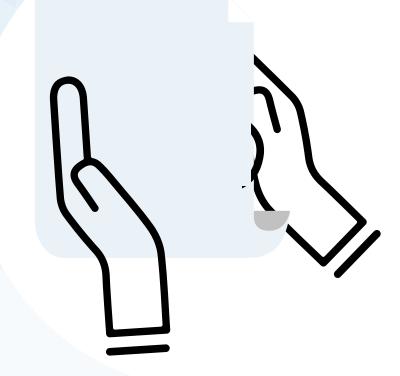
Washing hands saves lives. DO YOU KNOW HOW TO WASH YOUR HANDS?











WET

SOAP

SCRUB

Scrub for at

RINSE

DRY

Wash under fingernails, between fingers, back of hands & wrists.

least 20 Make lots of bubbles!

Dry hands with paper towel or hot air dryer.

Turn off faucet & open door with paper towel.



After using the toilet Before eating food

Before, during & after making food

After blowing your nose, coughing or sneezing

After touching someone who may be sick

After touching an animal — After touching garbage

When you come home from school or outside

