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Western Clinic Site 330 Oak Terrace Boulevard Holland, Ohio 43528-8993 (419) 213-6255 Fax: (419) 213-6266 **David Grossman, M.D.** Health Commissioner Larry J. Vasko, R.S., M.P.H Deputy Health Commissioner

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## For Immediate Release

December 9, 2014 David Grossman, M.D., Health Commissioner (419) 213-4018

## **Health Update: Toledo-Lucas County Health Department Offers Flu Clinics**

In honor of National Flu Vaccination week, the Toledo-Lucas County Health Department is offering flu clinics to the public at 635 N. Erie Street, Toledo, OH 43605 from 4:00 P.M to 6:00 P.M. on the following dates:

Wednesday, December 10th, 2014

Thursday, December 11th, 2014

Monday, December 15th, 2014

Wednesday, December 17th, 2014

The seasonal flu vaccine is \$30 cash or check and we will also bill all insurances.

Despite the concerns for the flu vaccination not being as effective, individuals who receive the vaccine, are still protected against two common flu strains and may experience milder symptoms if they get the mutated strain. Getting vaccinated is still the best way to protect against the flu. If you have not gotten your flu vaccine, it's not too late! Get vaccinated as soon as possible. Take everyday precautions—like washing your hands, covering your cough, and staying away from sick people—to protect your health.

The Centers for Disease Control and Prevention recommends that everyone six months of age and older receive the flu vaccine each year.

For more information and a complete calendar of flu clinics, please visit our website at <a href="http://lucascountyhealth.com">http://lucascountyhealth.com</a> and Facebook at <a href="http://www.facebook.com/tlchd">www.facebook.com/tlchd</a>.

If you have any questions or concerns please contact Mary Sheehy at the Health Department at 419-213-4163.