

Healthy Youth and Family Coalition

December 5, 2019

Believe Center

9:00-11:00

Agenda:

Call to Order & Welcome

Attendees: Suzanne Saggese (OSU Extension), Gary Arbuckle II (Lucas County Board of Developmental Disabilities), Safa Ibrahim (Tobacco Prevention), Tonya Duran (Believe Center), Dawn Bentley (Ability Center), Elaina Hernandez (Believe Center), Melissa Hallenbeck (Maternal Child Health), Chris Haar (Bowling Green State University), Amy Abodeely (Creating Healthy Communities)

1. Presentation:

- **Believe Center: Danny Thomas Park and Cal Ripken Baseball Field**

- Tonya Duran spoke on the history of the Danny Thomas Park and how they were awarded the Cal Ripken Baseball Field

2. 2019

- **2019 Workplan: End of Year Update**

- Had a PowerPoint presentation highlighting 2019's objectives and outcomes (see attachment)

- i. **Healthy Eating**

- Completed two pop-up farmers markets in underserved areas of Toledo. The farmers markets provided fresh local produce to the community. SNAP/Double up, WIC farmer's market coupons, Senior Nutrition Coupons and Cash were accepted at each market. The markets were well received by the community.
- Provided locally grown produce to a corner store located in South Toledo. Phil Riehm Farms supplied locally grown produce to Save Way Market by weekly between Aug-Oct. Save Way Market, customers really enjoyed the ability to buy local produce. Save Way Market and Phil Riehm plan to continue this relationship next growing season.
- A lactation room was set up at Promedica's Health Services Building. A MOU was obtained for the equipment provided. Guidelines/policy was unable to be obtained at this time due to changes in upper management. Plan to revisit guidelines/policy in 2020.

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ii. Active Living

- Active commute guidelines were written for the Toledo Lucas County Health Department. A lunch and learn on Bike Safety was offered to employees as well as an experiential riding experience. Bike infrastructure is already available for employees and visitors.
- Bike infrastructure (bike fix-it station) was provided at the trailhead of the Chessie Circle Trail located at Detroit and Copland. CHC worked with Metroparks for installation as well as media coverage. Metroparks decided to add a cement slab, bike racks and trail kiosk for no additional charge.
- An Active Transportation Workshop was held by Toole Design in June to start the discussion of creating an Active Transportation Plan for Lucas County. Subcommittees have been meeting throughout the year to progress this initiative.

iii. Tobacco 21

- Tobacco 21 law went into effect on October 17, 2019 in the state of Ohio.
- Working with Tobacco Prevention grant to create packets to send to the City of Sylvania to educate retailers on the new law.
- A Vaping ordinance is on Toledo City Council agenda to be voted on the week of December 9. If passed the ordinance will only effect Toledo.

• Change Tool Results

- Completed 30 site assessments in three priority communities (East Toledo, South Toledo, and Central City Toledo).
- Compiled all survey data into the appropriate excel sheets.
- Provide the coalition with strategy worksheets for each priority community highlighting the assets and needs found from the assessments. See attached.

• Year End Evaluation Results

- Coalition end of the year evaluation surveys were sent out to coalition members the end of October by PDA.
- Waiting for PDA to send evaluation results of coalition.
- Once PDA sends the results, they will be relayed to coalition members.



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3. 2020

- **Meeting Days/Locations**
 - i. **March 5, June 4, September 3, December 3**
 - March 5th meeting will be held at The Ability Center
 - June 4th meeting will be held at the Board of DD
 - September 3rd meeting TBD. If anyone is interested in hosting the meeting at his or her workplace, please let me know.
 - December 3rd meeting will be held at the Believe Center

- **2020 Workplan**
 - i. **Healthy Eating**
 - The 3 objectives include:
 - Farmers Market for underserved community
 - Food and Beverage Guidelines: Vending
 - Client Choice Food Pantry

 - ii. **Active Living**
 - The 3 objectives include:
 - Lucas County Active Transportation Plan
 - Washington Local Schools Safe Routes to School Travel Plan
 - Worksite Active Commute Strategy

4. Open Forum / Questions

Gary Arbuckle (Board of DD)

- FANS Network provide services and support. Had over 300+ referrals and were able to meet 495 referrals. Flyer about program attached.
- Would be interested in hosting a Farmers Market in 2020

Melissa Hallenbeck (Maternal Child Health)

- Can provide businesses employee health programs for women. Worksites < 50 employees can participate in wellness sessions, and policy development. Worksites >50 employees can participate in only lactation policy development. Looking for area businesses to participate. (See attached flyer)
- Can provide presentations to grandparents regarding safe sleep and car seat laws. If interested please contact Melissa.

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Tonya Duran (Believe Center)

- Looking for area organizations to sponsor a resource table at their annual Memorial Day Carnival.
- The Carnival will run from Friday, May 22, 2020-Sunday, May 24, 2020.
- They tables would be only available on that Saturday and Sunday. More information/flyer to come.

Suzanne Saggese (OSU Extension)

- Can provide free educational sessions to organizations and their clients.
- For more information, please contact Suzanne.

Safa Ibrahim (Tobacco Prevention)

- Looking for facilities, outdoor spaces, and apartment complexes to either adopt or revisit their current tobacco policy. If anyone knows of anyone who might be interested please contact Safa

Elaina Hernandez (Believe Center)

- Zumba is offered Mondays and Wednesday at 9:30am lasting 45 minutes and the Senior Center
- El Corazon de Mexico Dance Group will be performing on December 27th at 2:00pm at the Peristyle.

Dawn Bentley (Ability Center)

- The new training building for assistance dogs has just opened
- The Ability Center is celebrating 100 years in Toledo

5. Next Meeting :

- March 5, 2020
9:00-11:00am
The Ability Center
5605 Monroe Street
Sylvania OH

