

# Healthy Youth and Family Coalition

June 6, 2019

Larc Training Center

9:00-11:00

Attendance: Mary Beth Olender (Lucas County Board of DD), Kelly Watson (Lucas County Board of DD), Elaina Hernandez (Believe Center), Gary Arbuckle (Lucas County Board of DD), Melissa Hallenbeck (Toledo-Lucas County Health Department/Maternal and Childhood Health), Filicia Sanchez (ProMedica), Jenny Hansen (YMCA/Live Well), Patrice-Powers Barker (OSU Extension), Cindy Schultz (Toledo Public Schools), Yvonne Dubielak (Toledo Grows), Suzanne Saggese (OSU Extension), Jamie Christian (ToleGo Bikes), Mike Hubbard (Buckeye Health Plan), Marriah Kornowa (Buckeye Health Plan), Karen Bakies (ADA Mideast), Rebecca Potts (Toledo Grows), Chris Haar (BGSU), Amy Abodeely (Toledo-Lucas County Health Department/CHC), Tony Maziarz (Toledo-Lucas County Health Department/CHC)

## Agenda:

### Call to Order & Welcome

#### 1. Presentation:

- **Healthy Community presented by the Advocates of Healthy Athletes**
  - *In summary Advocates for Healthy Athletes is a collaboration between the University of Toledo and Lucas County Board of DD to give Special Olympics athletes an opportunity to stay fit through a 6-week program that is being offered at no cost. See slides.*

#### 2. 2019

- **2019 Workplan**

- In the area of Healthy Eating CHC is working to complete 3 projects*
  - *In Central City Toledo, CHC is working with the Toledo-Lucas County Health Department and an organization in East Toledo to plan and facilitate a pop-up farmer's market at each location to help increase WIC farmer's market coupon redemption. The wet weather has pushed planning back a little but official times and dates will hopefully be scheduled soon.*
  - *In Central City Toledo CHC is working with WIC's lactation consultant on a lactation support policy with Toledo Hospital. An identified room will be furnished, along with a Lactation Support Policy adopted. Next steps will be to take measurements of the room and begin ordering supplies, while working with administration on a draft policy.*
  - *In South Toledo CHC is working with Live Well Greater Toledo to link a local farmer with a local South Toledo corner store. At this point both a local farmer and a local corner store have been identified. Next steps include working out the details that will meet the needs of the farmer and the corner store.*
- In the area of Active Living CHC is working to complete 3 projects*
  - *In Lucas County CHC is working with Live Well Greater Toledo to improve Active Transportation in Lucas County through educating stakeholders on the importance of creating an Active Transportation Plan as well as updating current policies to allow for more bike friendly and walk friendly environments.*



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- *In Central City Toledo CHC is working with the Toledo-Lucas County Health Department on an Active Commute Policy to help allow employees and visitors more access to biking and walking during the workday.*
  - *In South Toledo we are looking to identify another workplace to adopt an Active Commute Policy. This is still in the planning phase.*
- iii. *In the area of Tobacco Prevention, CHC will be working with a Lucas County jurisdiction on adopting a Tobacco 21 Policy.*
- **MOU Review**
- **Interest cards**
- **Potential new members**
- **Change Tool Updates**
  - i. *CHC has completed approximately 13 out of 30 CHANGE Tool interviews to date. These need to be completed by the end of December, 2019.*

## 3. Other 2019 Topics of Discussion

- **Speaker Ideas**
- **Meeting Dates/Locations**
  - **September 5, December 5**

## 4. Open Forum / Questions

- *Melissa Hallenbeck (Child and Maternal Health):*
  - *Opportunities exist to work with worksites who are interested in lactation support. The only requirements are that the worksite be in Lucas County and have 50 employees or less.*
  - *The Grandparent Project is being rolled out at the Eleanor Kahle Senior Center to help educate grandparents on strategies to help raise grandchildren. See flyer.*
- *Buckeye Health Plan*
  - *Buckeye Health would like to work with the CHC program's pop-up farmer's markets connecting Buckeye Health Plan members to these markets while provide an additional \$10 to purchase produce at these sites.*
- *OSU Extension:*
  - *See attached flyers*
- *Live Well Greater Toledo/Safe Routes to School*
  - *Safe Routes to School was awarded funding through Ohio Department of Transportation for planning and implementation of a School Travel Plan for Washington Local School District. This plan will allow for more infrastructure and non-infrastructure funding to improve safer routes to school throughout the district. Work has already begun with surveying parents to identify issues.*



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- TMACOG will begin more Active Transportation trainings beginning June 27<sup>th</sup> from noon-4pm focusing on traffic calming and complete streets. A walk audit workshop will also take place in August, location and date TBD.
- Karen Bakies (ADA Mideast)
  - The state Dairy Association is continuing to support the School Breakfast Program for schools.
  - The new state administration will focus more on Childhood Health issues
- Yvonne Dubielak (Toledo Grows)
  - A new commercial kitchen is now available at Toledo Grows and will be used for cooking classes and other programming.
  - The upcoming Crosby Arts Festival proceeds will go to fund Toledo Grows. Friday night opening night will be open to all residents. The festival will begin Friday, June 28<sup>th</sup> at 6pm and go through Sunday, June 30<sup>th</sup>.
- Gary Arbuckle (Lucas County Board of DD/FANS Network)
  - See flyers
- Ebeid Institue
  - See flyers
- Jamie Christian (ToleGo Bike Share)
  - The new bike share program located primarily in downtown Toledo will now be able to serve underserved populations through the Public Utilities Center located on Madison Street Downtown. Each person qualifying will only have to pay \$5 per year to use the ToleGo bikes one hour per day for a year. You must be 18 and over to sign up. See flyer.
- Elaina Hernandez (Believe Center)
  - Will be opening up a new preschool this fall called Believe Academy
  - Offering different summer camps
  - Will be hosting a Coaches Forum on November 9. More info to follow
  - See Flyers

## 5. Next Meeting :

- **September 5, 2019**  
9:00-11:00am  
TBD