

Healthy Youth and Family Coalition

March 5, 2020

Ebeid Center

9:00-11:00

Agenda:

Call to Order & Welcome:

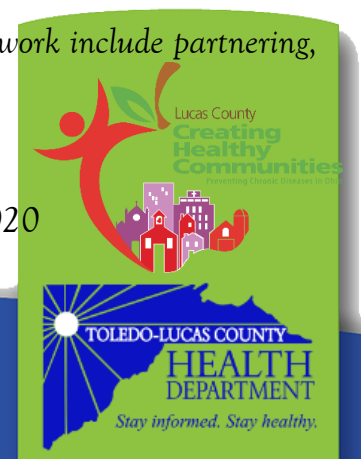
Attendees: Amy Abodeely (CHC/TLCHD), Marriah Kornowa (Buckeye Health Partners), Melissa Hallenbeck (TLCHD/Maternal Health), Chris Haar (BGSU), Gary Arbuckle (Lucas County Board of Developmental Disabilities), Beth Deakin (YMCA), Morgan Lukens (BGSU intern)

1. Presentation:

- **Melissa Hallenbeck: Women's Worksite Wellness Policies and Activities**
 - Presented on Women's Workplace Wellness Initiative focusing on Breastfeeding
 - Grant runs for the next 2 years from October-September.
 - There are 9 counties in the state of Ohio with this grant
 - ODH in 2020 will be developing and releasing an Ohio only breastfeeding toolkit that outlines Ohio specific details
 - If interested in either grant, please reach out to Melissa
 - PowerPoint presentation is attached.

2. 2020

- **2019 CHC Evaluation Results**
 - Reviewed the 2019 end of the year CHC survey results with members
 - 16 people responded to the survey that was administered by Professional Data Analysts (PDA)
 - From the survey, the group was able to see what organization representation was missing from the Healthy Youth and Family Coalition. This information is extremely important in helping to recruit new members.
 - It was also revealed that most respondents only worked in the CHC related areas and did not live in those areas.
 - Most respondents have been involved in CHC for over 3 years
 - Ways the respondents contribute the most to implementing CHC work include partnering, contributing materials, providing educational programs, spreading the word about CHC generally or specific projects, as well as recruiting partners and volunteers
 - Will use these results to make improvements to the coalition in 2020



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- **Membership**

- i. **Review current member list/recruitment ideas**

- Reviewed the current list of members.
- Discussed which organizations were missing: Minority Health, City Parks, Metroparks, TMACOG, and LMHA.
- Contact information for above organizations were gathered
- Discussed combining Healthy Youth and Family with Live Well Greater Toledo, meetings since most members attend both and objectives are similar. The hope would be to recruit more members. Will discuss further with Beth Deakins
- Important to inform members on how their contribution will be beneficial to the coalition.
- Use the coalition more in the development of the CHC work plan
- Consider increasing meeting dates, still deciding what would work best for the members since most are also involved in sub-groups: Eat Fresh Live Well and Active Transportation.
- Will continue to invite new members to Healthy Youth and Family Coalition meeting.

- ii. **Coalition Packet/MOU**

- Updated Healthy Youth and Family Coalition packet and MOU
- Reviewed packet with current members and had the members complete MOU's for 2020.
- The new coalition packet will be used for recruiting new members
- MOU's for 2020 need to be completed by members. Can be scanned and emailed back.
- MOU's are located on the TLCHD/CHC Website
- The CHC program on Toledo Lucas County Health Department Website has been updated to reflect the updated packet, MOU, interest cards, past meeting minutes, meeting dates and time, and a link to ODH website

- iii. **Interest cards**

- Updated Healthy Youth and Family Interest Cards for 2020 are available
- The card allows coalition members to indicate what areas their interests and talents lie.
- Interest Cards are located on the TLCHD/CHC Website



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- 2020 Workplan

- i. Healthy Eating

- a) Pop-up Farmers Market

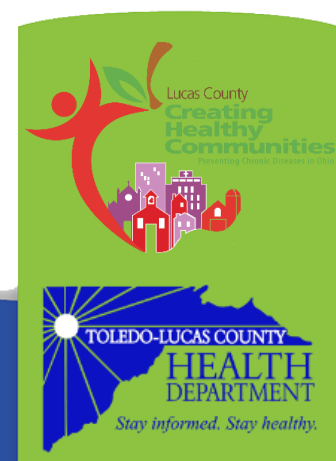
- Plan to hold one pop-up farmers market during the months of July-October on the 3rd Tuesday from 11-2
 - Locations include: Toledo Lucas County Health Department, Board of Developmental Disabilities, Eleanor Kahle Senior Center, and East Toledo Family Center
 - 2 farmers have been confirmed by Dan Madigan, Toledo Farmers Market Manager
 - Will accept WIC farmers market coupons, Senior Nutrition Farmers Market coupons, SNAP/Double Up, as well as cash
 - Hope to have community resource tables at each market for patrons
 - Need to confirm the months each site would like to hold the market
 - Will advertise the markets.

- b) Food and Beverage Guidelines

- Looking for a worksite/organization interested in adopting food and beverage guideline, which can include healthy vending, healthy meetings, healthy catering, etc.
 - YMCA is interested in creating a food policy for its childcare. Will follow-up
 - Coalition members will send possible sites interested in such guidelines

- c) Client Choice Food Pantry

- Looking for a food pantry interested in converting to a client choice food pantry where the clients are able to choose own food
 - Set up according to My Plate and color coordinated
 - In the process of updating 4-star food pantry assessment, pre/post surveys, recipes, MOU and proposal
 - Members will send list of possible pantry locations in North Toledo.
 - Will contact Lutheran Salem to gauge interest



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ii. Physical Activity

a) Safe Routes to School

- Working with Washington Local Schools and Safe Routes to School committee to develop a school travel plan for Washington Local Schools.
- Travel plan is due March 6th to ODH
- If approved, non-infrastructure and infrastructure funds can be applied for
- Safe Routes to School and Washington Local Schools have been meeting since late summer 2019.
- Bike Fix-its are planned at Washington Local Schools for late April and early May
- Bike to School Day is Wednesday, May 6th at Jackman Elementary

b) Active Transportation Plan

- Active Transportation Committee met Friday, February 28th to start drafting the county-wide active transportation plan
- Purpose of Active Transportation Plan is to accomplish regional connectivity
- Committee plans to meet every other month
- Hope to provide professional developmental rides for elected officials

c) Active Commute

- Looking for worksites/organizations in South Toledo interested in adopting active commute guidelines
- Bike infrastructure, bike safety lunch and learns and experiential rides can be provided for no cost for the worksite/organization

• CDC PSE Survey

- More information to come.
- ODH call in mid-March will provide further instruction

3. Other 2019 Topics of Discussion

• Speaker Ideas

i. Topics of Interest

- Mental Health First Aid
- Check into Ohio Human Services Training System for ideas



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- **Meeting Dates/Locations**

- March 5 (Ebeid Center)
- June 4 (Ability Center)
- September 3 (Larc Learning Center)
- December 3 (Believe Center)

4. Open Forum / Questions

Maternal Child Health

- *Cribs for Kids: March 30th Safe Sleep Training for Professionals. From 9:30-11:45am at United Way. RSVP ASAP*
- *Flier is attached.*

Bowling Green State University:

- *Public & Allied Health Symposium 2020: Safe Food, Clean Water, and Public Health When: Thursday, April 9, 2020 from 9:30am-3pm, Where: BTSU Lenhart Grand Ballroom (Student Union #202)*
- *If interested in attending: Register here: <https://commerce.cashnet.com/BGSUCHHS1>*

Board of Developmental Disabilities

- *Inclusion Fair: March 24, from 5:00-6:30pm at Bowsher High school.*
- *Flier is attached.*

5. Next Meeting :

- **June 4, 2020**
9:00-11:00am
Ability Center

