

# What is PrEP?

PrEP is a once-daily pill for HIV-negative people that protects against HIV. PrEP is even more effective when combined with condoms and other prevention tools. PrEP includes taking medication, getting regular HIV/STI testing, and having open and honest conversations with a doctor or nurse practitioner.

The Centers for Disease Control and Prevention now recognizes that PrEP is about 99% effective when taken daily.

**PRE** = Before

**EXPOSURE** = Coming into contact with HIV

**PROPHYLAXIS** = Treatment to prevent an infection



## What if it was Free?

Many insurance providers cover PrEP, including Medicaid. In addition, assistance with co-pays is available through the manufacturer of the PrEP pill.

If you are under insured or have no insurance, there is a program to help. PrEP is FREE to many people living in Ohio. A new program called the Prevention Assistance Program Interventions (PAPI) can help. Ask your PrEP provider for more information or visit [OHIV.org](http://OHIV.org).

# Where can I get PrEP in northwest Ohio?

The Toledo-Lucas County Health Department along with the University of Toledo Medical Center (UTMC) offer a PrEP program to help people at risk for HIV infection.

**To get a PrEP appointment or for more information call:**

**Toledo-Lucas Health Department**  
419-213-4176 or 419-213-4159 and ask about PrEP.

**University of Toledo Medical Center**  
419-383-6843 and ask about PrEP.



# Who should use PrEP?



## For more information on PrEP:

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Visit these online resources:

[PrEPtoledo.com](http://PrEPtoledo.com)

[ohiv.org](http://ohiv.org)

[cdc.gov/hiv](http://cdc.gov/hiv)

PrEP is for anyone who is okay with taking a daily pill to prevent HIV. You can benefit from taking PrEP if you:

- Have sex with partners of unknown HIV status
- Inject drugs or have sex with people who do
- Have a partner who is HIV positive



### TOLEDO-LUCAS COUNTY HEALTH DEPARTMENT

635 Erie Street, Toledo, Ohio 43604

419-213-4176 (information & appointments)

Email: [JayM@co.lucas.oh.us](mailto:JayM@co.lucas.oh.us)



### UT MEDICAL CENTER RYAN WHITE PROGRAM

University of Toledo Health Science Campus  
Ruppert Health Center  
3000 Arlington Avenue  
Toledo, Ohio 43614

419-383-6843, ask about PrEP

What if there was a pill to  
**PREVENT HIV?**

What if it was Free?

PrEP: A PILL THAT HELPS  
PROTECT AGAINST HIV



TOLEDO-LUCAS COUNTY  
HEALTH DEPARTMENT

UT MEDICAL CENTER  
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[PrEPtoledo.com](http://PrEPtoledo.com)