

# Healthy Youth and Family Coalition

September 3, 2020  
Microsoft Teams Virtual Meeting  
9:00-11:00

## Agenda:

**Attendees:** Amy Abodeely (CHC/TLCHD), Marriah Kornowa (Buckeye Health Partners), Chris Haar (BGSU), Gary Arbuckle (Lucas County Board of Developmental Disabilities), Katie Shelley (Ability Center), Sarah Heldmann (Ability Center), Jamie Blazevich (Ohio Safe Communities Traffic Safety Coordinator), Jenny Hansen (Safe Routes to School), Tim Lewis (American Heart Association), Suzanne Saggese OSU extension), Kevin Milliken (Lucas County Children's Services), Yvonne Dubielak (Toledo Grows), Brenda Crosson (Help Me Grow), Kelley Watson (Lucas County Board of Developmental Disabilities), Cassandra Wilson (Fit 5 Challenge Athlete)

## Call to Order & Welcome

### 1. Presentation:

- **Board of Developmental Disabilities: Fit 5 Challenge Athlete**
  - The Fit 5 Challenge is a guide to achieving fitness and your personal best with physical activity, nutrition, and hydration for athletes and Special Olympics
  - Packet has a tracking system for athletes to track their progress
  - Due to COVID-19, virtual activities have been offered to athletes through "We Thrive Together"
  - This program was first established for seniors but saw a great need for those with disabilities
  - They have partnered with UT and their Rec Center to provide 5-6 weeks of virtual activities in hopes of being able to work with UT students
  - Currently 26 counties in the region participate and there are over 200 athletes in the state.
  - Cassandra Wilson, a current Special Olympics athlete talked to the coalition members about her experience with the program.
  - Fit 5 Challenge packet and calendar will be sent to coalition members

### 2. 2020

- COVID-19 Updates

#### Jenny Hansen (Safe Routes to School Coordinator)

- Continues to work with Washington Local School District on Safe Routes to School
- Due to COVID-19, students are currently virtually learning so many of our initial education and encouragement strategies are unable to be implemented as originally thought.
- Discussing some alternative ideas with the district such as virtual walk to School Day, Virtual Bike to School Day, Virtual Rock and Roll Wednesday's, pop-up helmet fittings, pop-up bike fix-it events, etc.
- Hoping to provide crossing guard training for adults and collaborating with Safety Council of Northwest Ohio.



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## Gary Arbuckle (Lucas County Board of Developmental Disabilities)

- FANS Network Donation Drive will be held September 24, 2020 during Goodwill's normal business hours. Please consider donating.
- \$25 vouchers will be given to FANS Network for each bin filled that day that will be distributed to their clients
- Flyer is attached

## Suzanne Saggese (Ohio State University Extension)

- Providing virtual learning opportunities for clients, such as Community nutrition classes and 4H education.
- For more information on services virtually offered, please contact Suzanne.

## Jamie Blazeovich (Ohio Safe Communities Traffic Safety Coordinator)

- Driving fatalities up 25% since last year
- Traffic safety message to be posted first of each month on roadways

## Amy Abodeely (CHC/TLCHD)

- Grant is slow going due to COVID-19
- Have had 2 successful pop-up farmers markets in underserved areas of Toledo
- Submitted 2021 CHC grant the end of July. NOA will come out in November

## Marriah Kornowa (Buckeye Health Partners)

- Buckeye held it first Buckeye Fresh event in August at the Toledo's Farmers Market downtown for its members
- The second Buckeye Fresh event will be held the end of September.

## Chris Haar (BGSU)

- BGSU is back in session.
- Aug. 20-31: 38 students have tested positive for COVID-19 and 0 staff
- Dietetic Interns are providing virtual cooking classes known as Quarantine Cooking BGSU

## Katie Shelley (Ability Center)/Sarah Heldmann (Ability Center)

- Dawn Bentley had twins. Congratulations to her and her family!
- Have partnered with OSU extension on providing life skills classes via zoom
- In October, a series on ADA and implications on COVID will be offered. Link for the ADA seminars: <https://www.abilitycenter.org/ada-seminar-2020/>
- Awarded the Christopher Reeves Grant
- Are able to loan out tablets and other supplies if needed
- Attached is the Tech for REC flyer

## Tim Lewis (American Heart Association)

- AHA are enhancing work on 4 certain issues: Blood Pressure, Food Security, Increasing Healthy Offerings, and Tobacco
- Working on tobacco policies/updating tobacco policies for schools. Will connect with different school districts



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## Kevin Milliken (Lucas County Children's Services)

- *Wrapped up Backpack Drive. Increased 50% over last year and have given out over 850 backpacks with school supplies.*
- *LCCS will have a levy on the November ballot: Issue 18. Gearing up for that*
- *Letter of Support needed from organizations supporting the renovation of playground. These letters will be used when applying for grants*
- *Applied for the KABOOM grant, 1 of 3 projects in contention to receive the money.*
- *Applied to Project I Am which is a 1 to 1 match that would be used form sensory panels for the playground.*
- *In the process of getting quotes to perform, playground site prep work that includes tree and cement removal.*

## Yvonne Dubielak (Toledo Grows)

- *Offering virtual hands-on summer programming for daycares and summer camps*
- *Currently closed to the public unless there is an scheduled appointment*
- *Providing curbside service for weekly produce sales and CSA shares for this summer*

## Brenda Crosson (Help Me Grow)

- *New to the coalition.*
- *Any community events taking place, please let Brenda know, she would like to have a table with resources if possible.*

## • 2020 Workplan Updates

### i. Active Living

#### a. Lucas County Active Transportation Plan

- *ATP steering committee last met in June of 2020. Will schedule next meeting in Sept.*
- *Working with Toole Design, a planning firm out of Columbus, to provide an assessment of AT planning and programs in Lucas County.*
- *The assessment will help suggest and identify next steps for the ATP in hopes of a completed draft by 2021*
- *Meeting with Toole Design to discuss assessment is scheduled for Sept. 10<sup>th</sup>*

#### b. Inclusive Playground

- *In the process of renovating, a 25-year-old playground located at Lucas County Children's Services.*
- *There will be 2 phases to the playground*
- *In the process of applying for grants: KABOOM and Project I AM.*
- *Other monies for the playground have been encumbered*
- *Letters of Support needed from organizations supporting the renovation of playground. These letters will be used when applying for grants*
- *CHC is in the process of writing a contract to provide funding for playground site work up to \$5000 that would go toward either tree removal or cement removal*
- *Renovation will be complete the summer of 2021*

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## c. Washington Local Safe Routes to School

- Continue to have Safe Routes to School Steering committee meetings with Washington Local
- Due to COVID-19, students are currently virtually learning so many of the initial education and encouragement strategies are unable to be implemented as originally thought.
- Discussing some alternative ideas with the district such as virtual walk to School Day, Virtual Bike to School Day, Virtual Walk and Roll Wednesday's, pop-up helmet fittings, pop-up bike fix-it events, etc.
- Hoping to provide crossing guard training for adults and will collaborate with Safety Council of Northwest Ohio
- Jenny will be sending out a survey to school administrators to see which education or encouragement strategies for the kids they may be interested in.

## ii. Healthy Eating

### a. Client Choice Food Pantry

- OSU extension, Live Well Greater Toledo, and CHC are working on a Client Choice Food Pantry Toolkit to be used by pantries interested in converting
- Need to reach out to surrounding pantries, however with COVID-19 this objective has been moving slowly

### b. Farmers Market

- Two pop-up farmers markets have been held so far this season. One in July at the Eleanor Kahle Senior Center, and one in August at the Toledo Lucas County Health Department.
- September's Farmers market will be held September 15<sup>th</sup> from 11-2 at the Sight Center of Northwest Ohio.
- The following have been distributed between the 2 markets: 80 TANF booklets (\$3200 in F/V coupons), \$231 in EBT, \$226 in Produce Perks (double up)
- The following have been redeemed between the 2 markets: 147 TANF coupons (\$735), 50 WIC coupons (\$250), 22 Senior Coupons (\$110)
- The community resources distributed between the 2 markets: Safe Kids: 52 bike helmets, 40+ home safety bags, 35 Facebook likes, 8 registered for Moby giveaway; Breastfeeding: saw 32 people; Buckeye Health Plan: over 40 bags of info/sanitizer; Healthy Start/OEI: signed up 6 people, served 30-35 people, 5 bags with agency resources, and connected one pregnant woman with neighborhood navigator; Ability Center; gave out information and referrals; Traffic Safety; gave out information as well as educated
- The last market will be held October 20 from 11-2 at East Toledo Family Center

### c. Food and Beverage Guidelines

- Working with YMCA on adopting a food and beverage policy for their childcare facilities as well as their afterschool programs

## iii. Other Community Objectives



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- **PSE Assessment and Planning Tool**
  - i. **Priority community assessment results**
    - *Policy, system, and environmental change assessment for each priority community of North Toledo, South Toledo and Lucas County have been completed.*
    - *CHC reached out to a number of stakeholders/organizations to help complete section 1: Active Living Assessment and Section 2: Healthy Eating Assessment for each of the priority communities mentioned above.*
    - *The assessments for each section was sent to HYF coalition members to review and make comments and suggestions.*
  - ii. **Reflect on assessment results**
    - *Went over briefly Section 3 of the assessment: Taking Action.*
    - *Explained to coalition the need to complete section 3 for each priority community*
    - *Decided it would be best to send out a separate meeting request just to complete these assessments.*
    - *Will send out a doodle poll to determine availability*
    - *Will resend out section 1 and 2 of the assessment.*
- **2021 Coalition**
  - i. **Combining Live Well Greater Toledo and Healthy Youth and Family**
    - *Discussed combining Healthy Youth and Family Coalition with Live Well Greater Toledo since both coalitions have similar objectives*
    - *Meetings would continue to be once a quarter with small breakout meetings as needed.*
    - *The combination of coalitions will go into effect in 2021*
  - ii. **Potential members**
    - *Coalition members are encouraged to invite individuals they feel may benefit from the coalition.*
- **2021 Workplan Objectives**
  - *2021 CHC grant was submitted the end of July*
  - *NOA will be out the end of November*
  - *Grant continues to focus on Healthy Eating and Physical Activity*

## 3. Other 2020 Topics of Discussion

- **Next Meetings: December 3**
  - *A virtual meeting link via Microsoft Teams will be sent out closer to the meeting date*

## 4. Open Forum / Questions

## 5. Next Meeting : December 3, 2020

9:00-11:00am

Microsoft Teams Meeting



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