

Healthy Kid's Beverage Ordinance Summary

October 14, 2021

The City of Toledo approved a Healthy Kid's Beverage Ordinance effective October 14, 2021.

The ordinance will help assist both parents and children to make a healthier drink choice as well as benefit the overall health of Toledo's youngest citizens.

The ordinance entails:

No food service operation shall offer a children's meal that includes a beverage **UNLESS** the beverage is:

1. Water, sparkling water, or flavored water, with no added natural or artificial sweeteners.
2. Nonfat or one percent milk or a non-dairy milk alternative containing no more than 150 calories per container or serving.
3. 100% fruit juice or fruit juice combined with water or carbonated water, with no added sweeteners, in a serving size of no more than 8 ounces.
4. Only exception: a customer may request a substitute or alternative beverage instead of the beverages offered.

The Toledo- Lucas County Health Department will provide:

1. The Toledo- Lucas County Health Department restaurant sanitarians will inspect menus for ordinance compliance.
2. Window Clings will be provided to restaurants in compliance to display on their restaurant doors.
3. Educational materials for restaurant patrons are available and will be mailed out to all restaurants via Health Space. The educational materials are available on the [Toledo- Lucas County Health Department's Website](#).

