

Healthy Youth and Family & Live Well Greater Toledo

March 3, 2022

Virtual Meeting via Microsoft Teams

9:00am-11:00am

Agenda:

Call to Order & Welcome

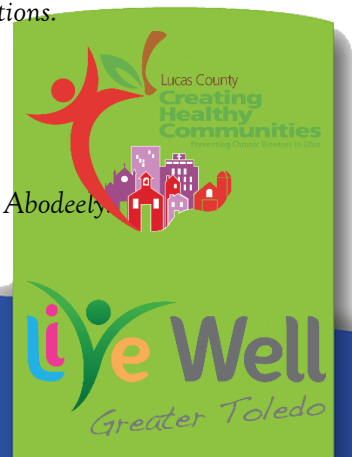
Amy Abodeely (CHC/TLCHD), Marriah Kornowa (Buckeye Health Partners), Chris Haar (BGSU), Natalie Zerucha (Ohio Safe Communities Traffic Safety Coordinator), Suzanne Saggese (OSU extension), Steve Atkinson (Toledo Bikes), Yvonne Dubielak (Toledo Grows), Melissa Lanier (TLCHD/Child Maternal Health), Kay Moesser (Urban Agriculture Alliance of Lucas County), Allen Gallant (Metroparks), Joe Perlaky (Maumee Valley Growers), Laura Brubaker (BGSU), Cindy Pisano (Mercy), Karen Bakies (American Dairy Association Mideast), Ryan Vollrath (ODH), Alaina Parrish (ODH), Celeste Smith (Health Partners of Western Ohio), Kearson Petruzzi (Dietetic Intern)

1. Vision and Mission

- The vision of Healthy Youth and Family is “making the healthy choice the easy choice.” The coalition is committed to preventing and reducing chronic disease statewide. Through cross-sector collaboration, we are activating communities to improve access to and affordability of healthy food, and increase opportunities for physical activity where Ohioans live, work, and play. By implementing sustainable evidence-based strategies, the coalition is creating a culture of health.

2. 2022

- Coalition
 - i. Current members/organizations
 - Currently the coalition is made up of the following organizations: schools, non-profits, government, and others.
 - Looking to increase membership. If organizations are missing feel free to invite them to coalition meetings or reach out to Amy Abodeely.
 - ii. Goals of Coalition
 - Preventing and reducing chronic disease statewide through cross-sector collaboration.
 - Improving access to healthy and affordable food and increase opportunities for physical activity through policy, systems, and environmental change.
 - Increase efforts to promote collaboration within the coalition as well as outside of the coalition.
 - Increase communication among coalition members, media, and community.
 - Obtain participation of influential individuals from key sectors/organizations.
 - iii. Upcoming Meetings: June 2nd, September 1st, December 1st
 - Looking to start hosting meetings in person.
 - Anyone interested in hosting a meeting please contact Amy Abodeely.
 - Anyone interested in presenting at a coalition meeting please contact Amy Abodeely.



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- 2022 Active Grants
 - i. **Creating Healthy Communities (CHC)**
 - ii. **Building Resilient Inclusive Communities (BRIC)**
 - iii. **Safe Routes to School (SRTS)**

- 2022 Work plan
 - i. **Active Living**
 - a. **AT Plan: Adoption and Implementation**

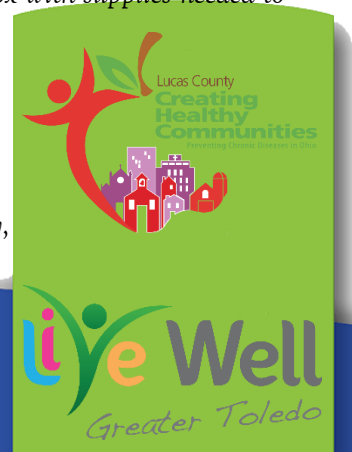
Contracted with Toole Design Group through the BRIC grant for \$33, 600.

 - *Draft AT Plan was presented to the AT Steering Committee the end of December for review.*
 - *Final AT Plan will be completed by April.*
 - *Plan to present final AT Plan to both Toledo City Council and County Commissioners by late Spring/early summer for adoption.*
 - *Will be doing community engagement on the AT Plan as it is being adopted.*
 - *Plan to market adopted plan as well as be involved in its implementation.*
 - *If interested in joining steering committee, please contact Amy Abodeely.*

 - b. **Bike Infrastructure**
 - *Working with Keith Webb, We Are Traffic, to determine the need of bike infrastructure within Lucas County.*

 - c. **Inclusive Playgrounds**
 - *The ribbing cutting of the completed inclusive playground at Lucas County Children Services was delayed due to shipping issues as well as issues with county inspecting the area.*
 - *The inclusive playground should be installed and open by late Spring/early summer.*

 - d. **Safe Routes to School**
 - *Two walking school bus programs are scheduled to begin in April-Grove Patterson and Byrnedale.*
 - *Washington Local School district will be starting a district wide Walk and Roll Wednesday's initiative in April.*
 - *All 10 schools in WLS district will be encouraging students to use active transportation on Wednesdays.*
 - *SRTS will be offering bike clinics to WLS Junior high students this spring.*
 - *Volunteers from Toledo Bikes will teach students how to do ABC safety checks, basic maintenance and repairs. Participants will receive a small tool box with supplies needed to maintain their bikes.*
 - *Will be holding bike-fix-it's again this year. Dates to come.*
 - *Looking to recruit volunteers for a Girls in Gear program for next school year at two STEM Schools.*
 - *Looking for female professionals in the following areas: transportation/urban design, nutrition, bike mechanics and safety, public speaking to cover a 2-hour workshop with girls' grade 5-8.*



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- *Submitting applications this week for infrastructure and non-infrastructure projects and programs.*
- *The infrastructure projects include:*
 - *Sidewalk installation on Brophy and Foch for Shoreland Elementary-impacts 60% of students within 1 mile of school.*
 - *Sidewalk installation on Old Ham and Bucklew for Silvercreek Elementary (Jackman)- impacts 80% of students within 1 mile of the school.*

ii. Healthy Eating

a. Produce Prescriptions

- *Contracted with Produce Perks Midwest with funds from the CHC grant for \$42,833 to run the Produce Prescription pilot program.*
- *Partnering with Health Partners of Western Ohio for this pilot program.*
- *The pilot will consist of 50 pregnant woman or woman who have children under 6 months of age.*
- *The mission is to improve the health of underserved communities by increasing affordable access to healthy foods while helping to meet their nutritional needs.*
- *The participants will be getting monthly vouchers for fresh produce; amount based on family size.*
- *An assessment will be done prior to starting the program and at every remaining visit.*
- *Participants will be provided nutrition education as well as cooking classes.*

b. Mobile Market Pilot

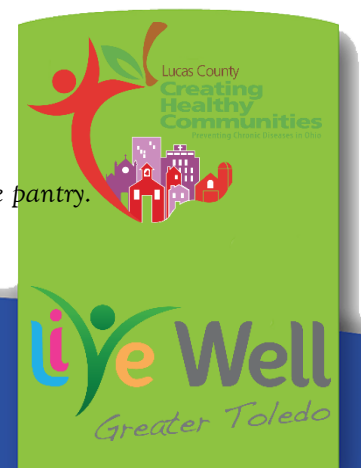
- *Contracted with ProMedica Ebeid Center with funds from the BRIC grant for \$3,680.*
- *Working with ProMedica Ebeid Market on the Green Mobile Market to increase access of healthy food options to those living in low income housing units.*
- *OSU extension will be offering nutrition education and cooking classes to the housing units that the mobile market will be visiting.*
- *Will conduct a 16-week pilot at 2 different housing units: Port Lawrence (families) and TenEyck (seniors) for the mobile market and nutrition/cooking classes.*
- *Pilot begins the week of March 7th.*

c. Healthy Kid's Beverage Ordinance

- *Went into effect October 14, 2021.*
- *Health Department sanitarians check for menu compliance during their normal inspection.*
- *Sanitarians keep a log of what restaurants are in compliance.*

d. Client Choice Food Pantry

- *Worked with Food for Thought in 2021 in assisting them in updating their Client Choice Pantry procedures.*
- *Adopted a policy on what types of foods would be available in the pantry.*
- *OSU provided training to their staff and was instrumental in drafting the policy.*
- *Need to follow up with implementation in 2022.*



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- iii. **Social Connectedness**
 - a. **Senior assessment/programming**
 - Contract with YMCA with BRIC funding for \$14,494 to run this initiative.
 - In the process of developing a committee to create a senior assessment.
 - The assessment will be used to determine what senior needs are not being met in the community and how that gap can be addressed.
- **Eat Fresh Live Well Subcommittee**
 - i. Next Meeting: March 28, 2022 from 9:00am-10:00am via Microsoft Teams
 - ii. Meetings 4th Monday of the month, bi-monthly from 9-10am
 - iii. Meetings: May 23rd, July 25th, September 26th, November 28th
- **Active Transportation Subcommittee**
 - i. Next Meeting: April 8, 2022 from 9:30am-11:00am via Zoom
 - ii. Meetings 2nd Friday of the month, bi-monthly from 9:30-11am
 - iii. Meetings: June 10th, August 12th, October 14th, December 9th

3. Funding Updates

- **Safe Routes To School**
 - i. Toledo Community Funds – year 1 \$56,000 – year 1 awarded
 - ii. ODOT SRTS – TPS \$30,000 and WLS -\$20,000 – awarded
 - iii. ODOT WLS Infrastructure - \$390,190 – awarded
 - iv. Toledo Community Funds – year 2 -\$65,000 – year 1 awarded
 - v. ODOT SRTS – TPS \$60,000 and WLS -\$20,000 – awarded
 - vi. ODOT TPS Infrastructure - \$243,000 – awarded
- **CHC Funding**
 - i. Awarded \$125,000 to complete Healthy Eating and Active Living objectives
 - ii. Contracting with Produce Perks Midwest
- **BRIC Funding**
 - i. Awarded \$90,000 to complete Healthy Eating, Active Living and Social Connectedness objectives
 - ii. Contracting with YMCA Greater Toledo, Ebeid Market on the Green, and Toole Design Group

4. Open Forum / Questions

Karen Bakies (American Dairy Association Mideast)

- National Nutrition Month celebrate World of Flavors: <https://www.drink-milk.com/wp-content/uploads/2022/02/World-Tour-Snack-Pairings.pdf>

Kay Mosesser

- SAME café coming to the main public library on Michigan Street. <https://www.allmayeat.org/toledo>



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Chris Haar (BGSU)

- Ned E Baker Public Health Symposium at BGSU 3/31 <http://www.bgsu.edu/pahbaker>

Allen Gallant (Metroparks)

- Registration for summer camps at MetroParks <https://metroparkstoledo.com/outdoor-adventures/camps/>

Laura Brubaker (BGSU)

- BGSU summer camps <https://www.bgsu.edu/farm2fork> <https://www.bgsu.edu/eat2compete>

Suzanne Saggese (OSU Extension)

- In person education and training is now available
- SNAP-ED is securing work plan for 2023 and will be contacting partners to complete MOU's.

Celeste Smith (Health Partners of Western Ohio)

- Full health center that provides medical, oral health, behavioral health, pharmacy, social services/outreach and substance use treatment.
- Currently located at Old West End Community Center, Riverside Community Health Center, Scott HS, Waite HS, Rogers HS, and Woodward HS in Toledo, OH.

Marriah Kornowa (Buckeye Health Partners)

- Back in the field doing programming and events.

Steve Atkinson (Toledo Bikes)

- Shop is located downtown and sell used bikes. www.toledobikes.org
- Seeking volunteers for the upcoming Bike Fix-it events.

Melissa Lanier (Child and Youth Wellness Program)

- Looking to join coalitions that deal with obesity, mental health, and infant mortality. Trying to find the gaps that exist in the community and how those gaps can be addressed.
- Feel free to contact Melissa with any suggestions/ideas.

Natalie Zerucha (Ohio Safe Communities Traffic Safety Coordinator)

- Trying to get back into the schools.

5. Next Meeting :

- June 2, 2022
9:00-11:00am
Virtual meeting via Microsoft Teams

