

Healthy Youth and Family & Live Well Greater Toledo

September 1, 2022

Virtual Meeting via Microsoft Teams

9:00am-11:00am

Agenda:

Call to Order & Welcome

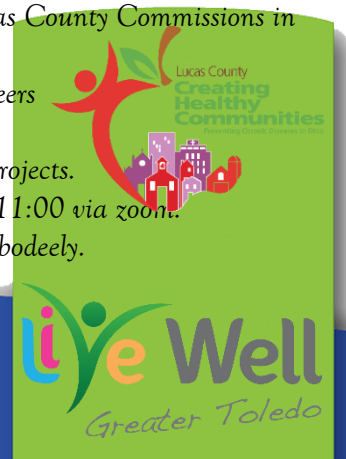
Amy Abodeely (CHC/TLCHD), Marriah Kornowa (Buckeye Health Partners), Natalie Zerucha (Ohio Safe Communities Traffic Safety Coordinator), Suzanne Saggese (OSU extension), Melissa Lanier (TLCHD/Child and Youth Wellness Manager), Karen Bakies (American Dairy Association Mideast), Gary Arbuckle (Board of Developmental Disabilities), Tim Lewis (American Heart Association), Jenny Hansen (Toledo Safe Routes to School), Misha Melvin (Buckeye Health Partners), Julie Grasson (Hospital Council of Northwest Ohio), Laura Brubaker (BGSU), Cindy Pisano (Mercy), Malcolm Cunningham (ProMedica/Ebeid Center), Ben Pushka (Lucas County Sustainability Commission), Beth Deakins (YMCA/Live Well Greater Toledo)

1. Vision and Mission

- The vision of Healthy Youth and Family is “making the healthy choice the easy choice.” The coalition is committed to preventing and reducing chronic disease statewide. Through cross-sector collaboration, we are activating communities to improve access to and affordability of healthy food, and increase opportunities for physical activity where Ohioans live, work, and play. By implementing sustainable evidence-based strategies, the coalition is creating a culture of health.

2. 2022

- 2022 Active Grants
 - i. Creating Healthy Communities (CHC)
 - ii. Building Resilient Inclusive Communities (BRIC)
 - iii. Safe Routes to School (SRTS)
- 2022 Work plan
 - i. Active Living
 - a. AT Plan: Adoption and Implementation
 - Currently have 16 letters of support which include different jurisdictions, school systems, community organizations, park districts, healthcare, and non-profits.
 - Last day to receive a letter of support to be included in the final AT plan is Friday, September 2nd.
 - Plan to present the AT Plan to both the City of Toledo and Lucas County Commissions in September and/or October for adoption by the end of 2022.
 - Will hold an AT Plan Project Prioritization Workshop for engineers on September 23rd from 9:30-11:00 to review all project recommendations and develop short and long-term goals for the projects.
 - Next AT Steering committee meeting is October 14th from 9:00-11:00 via zoom.
 - If interested in joining steering committee, please contact Amy Abodeely.



Healthy Youth and Family & Live Well Greater Toledo

b. Bike Infrastructure

- Working with Keith Webb, We Are Traffic, to install a bike fix-it station at the Downtown Farmers Market.
- Keith Webb is working with City of Toledo to refurbish all the Toledo Bike racks into useable bike parking. Keith has submitted plans and signage to the City for approval. Waiting to hear back to move forward.
- Committee had inquired about bike parking at Mott Library and Cherry Street Mission. Will look into.
- Any suggestions on needed bike parking or infrastructure is welcomed.

c. Inclusive Playgrounds

- New timeline: site prep this fall, playground and rubber surface installation in the spring of 2023.
- County Commissioners are in the process of doing a \$15 million building renovation.
- Have additional funding for inclusive playground objectives.

d. Safe Routes to School

- Washington Local School District implemented a district-wide Walk and Roll Wednesday for the 2022/2023 school year.
- Working with WLS District on a staggered dismissal where bikers and walkers would be dismissed first. Working on arrival and dismissal maps for each school before implemented.
- 8 bike fix-it/helmet fitting events have been scheduled for the fall (4-TPS, 4-WLS) from 3:30-5:30. If interested in volunteering, please contact Jenny Hansen.
- Toledo Public Schools has 3 Walking School Bus programs: Hawkins, Keyser, and Grove Patterson.
- October 12th is Walk to School Day. 25 out of 50 schools are currently registered. Hoping to have 35-40 schools registered before the deadline.
- Will be having Girls in Gear Programming at Hawkins (4th-8th grade). Looking for women professionals in the area of nutrition, public speaking, engineering/planning to present to the girls. If interested please reach out to Jenny Hansen.
- Working with Toledo engineers on how to complete SRTS sidewalk projects using the Safe Streets for All funding.
- Will be looking into doing a high school travel plan study, since ODOT funding will now include high schools.

ii. Healthy Eating

a. Produce Prescriptions

- Contracted with Produce Perks Midwest to run 6 month pilot program.
- Partnership with Health Partners of Western Ohio to enroll pregnant teenage participants.
- 28 participants are enrolled in the program.
- American Heart Association is supplying blood pressure cuffs to all 28 participants. Will also provide educational materials.



Healthy Youth and Family & Live Well Greater Toledo

- *Waiting for redemption rate numbers.*

b. Healthy Food Access/Farmers Market

- *Farmers Market was held at the TLCHD on August 23rd.*
- *Area Office of Aging was at the market and signed up 8 seniors for senior coupons.*
- *Farmer redeemed WIC farmers' market coupons, senior coupons, TANF, EBT/SNAP and cash.*
- *Next farmers market at TLCHD is September 13th from 10am-2pm.*

c. Mobile Market Pilot

- *Contracted with ProMedica Ebeid Center with funds from the BRIC grant to increase access of healthy food options to those living in low income housing units.*
- *16-week pilot at both TenEyck and Port Lawrence housing units ended in June.*
- *Focus groups were conducted at each housing complex. Feedback was positive.*
- *Residents liked the nutrition classes and the accessibility of the food.*
- *Plan to start another session in mid-September with Collingwood Green (senior complex).*
- *Hoping to also implement program at a community site.*

d. Healthy Kid's Beverage Ordinance

- *Went into effect October 14, 2021.*
- *Health Department sanitarians continue to check for menu compliance during their normal inspection.*

e. Client Choice Food Pantry

- *Have recently worked with Food for Thought, Wayman Palmer YMCA, and Caldwell Center to help implement and/or assist in creating a Client Choice Pantry at their locations.*
- *Have a Client Choice Pantry Toolkit available if any pantry is interested in converting to a Client Choice Pantry Model.*

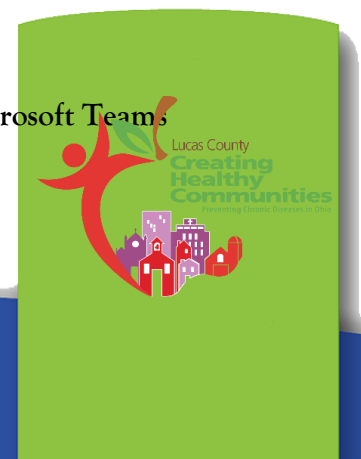
iii. Social Connectedness

a. Senior assessment/programming

- *Contract with YMCA with BRIC funding to run this initiative.*
- *Community assessment for individuals 50+ has been created.*
- *Assessment will go out after Labor Day. Have the ability to answer online or hard copy.*
- *The survey will run for a month and results will be available mid-October.*
- *Social media posts will go out.*

• Eat Fresh Live Well Subcommittee

- Next Meeting: September 26th, 2022 from 9:00am-10:00am via Microsoft Teams**
- Meetings 4th Monday of the month, bi-monthly from 9-10am**
- Meetings:, November 28th**



Healthy Youth and Family & Live Well Greater Toledo

- Active Transportation Subcommittee
 - i. Next Meeting:, October 14th, 2022 from 9:30am-11:00am via Zoom
 - ii. Meetings 2nd Friday of the month, bi-monthly from 9:30-11am
 - iii. Meetings: December 9th



3. Funding Updates

- Safe Routes To School
 - i. ODOT WLS Infrastructure - \$390,190 – **active – projects to completed 2023**
 - ii. Toledo Community Funds – year 2 -\$65,000 – **active end December 2022**
 - iii. ODOT SRTS – TPS \$60,000 and WLS -\$20,000 – **active**
 - iv. ODOT TPS Infrastructure - \$243,000 – **awarded-2024**
 - v. ODOT WLS Infrastructure – \$396,964.64-**awarded-2025**
 - vi. ODOT WLS Non-Infrastructure – \$20,000-**awarded**
 - vii. ODOT TPS Non-Infrastructure – \$40,000-**awarded**
- CHC Funding
 - i. Awarded \$125,000 to complete Healthy Eating and Active Living objectives
 - ii. Contracting with Produce Perks Midwest
- BRIC Funding
 - i. Awarded \$90,000 to complete Healthy Eating, Active Living and Social Connectedness objectives
 - ii. Contracting with YMCA Greater Toledo, Ebeid Market on the Green, and Toole Design Group

4. Open Forum / Questions

Gary Arbuckle (Board of Developmental Disabilities)

- Trunk or Treat: October 19th from 6-8pm. See attached flyer.

Natalie Zerucha (Ohio Safe Communities Traffic Safety Coordinator)

- Lakes of Sylvania Car Fit: September 8th from 1pm-4pm. See attached flyer.

Suzanne Saggese (OSU Extension)

- OSU Extension First Annual Fall Festival: Saturday, October 22nd from 4pm-6pm. See attached flyer.
- Family Mealtime program. See attached flyer.

Melissa Lanier (TLCHD/Child and Youth Wellness Manager)

- Back to School Event: Saturday, September 17th from 10am-2pm at the TLHD. See attached flyer
- Children's Health and Wellness Symposium: Wednesday, October 26 at The Franciscan Center Lourdes University. See attached Save the Date Flyer.
- Farmers' Market: September 13th from 10am-2pm at TLCHD. See attached flyer.



Healthy Youth and Family & Live Well Greater Toledo

Marriah Kornowa (Buckeye Health Partners)

- Back in the field doing programming and events.
- Focusing on health literacy and member empowerment.

Karen Bakies (American Dairy Association Mideast)

- **Free continuing ed webinar hosted by National Dairy Council.**
 - [From Starting Solids to Mealtime Meltdowns: Strategies to Promote Happy and Healthy Eating with Kids Eat in Color](#)
 - **Speaker:** Jennifer Anderson, MSPH, RDN, founder @kids.eat.in.color.
 - Jennifer Anderson is a registered dietitian and has a Master of Science in Public Health from Johns Hopkins School of Public Health. In 2019, she founded Kids Eat in Color®, a resource that helps children and families have better nutrition and mental health. Prior to starting Kids Eat in Color® she coordinated youth nutrition programs at a food bank, performed research in inner-city food deserts, and consulted for the USDA national office SNAP-Ed program. Her academic background is in public health nutrition, cultural anthropology, and economics.
 - **When:** Wednesday, September 14, 2022. 12:00 – 1:00 PM CT
 - **Register:** [here](#)
- **Registration for the Great Apple Crunch is officially open!** The Crunch is scheduled for October 13th at noon, but you are welcome to crunch anytime during the month to celebrate local farmers, nutritious foods, and national Farm to School month.
 - **It's simple and easy to participate!** Register your crunch at <https://go.wisc.edu/uzj4eq>, purchase local apples, and celebrate your Crunch in October. Get FREE Crunch stickers and the Crunch Guide when you register! Anyone can join “the Crunch heard around the region”, including schools, early care and education sites, after school and 4H clubs, farmer’s markets, colleges, Extension offices, and hospitals across Ohio.
 - **Help us spread the word about the Crunch!** We appreciate your support sharing the following information through your listservs, partners, newsletter, and social media. Simply copy/paste the text below or download the ‘save the date’ image [linked here](#).
 - **Questions?** Contact [Haley Scott](#) or connect through the [Apple Crunch](#) or [Ohio Farm to School](#) Facebook page.
- **Registration for the free Adopt a Cow program** open until Sept 15. Learn more and register [here](#). Email [Karen Bakies](#) at the American Dairy Association Mideast with any questions. See flyer.

5. Next Meeting :

- December 1, 2022
9:00-11:00am
Virtual meeting via Microsoft Teams



