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Eric J. Zgodzinski, DrPH, MPH, REHS, CPH Health Commissioner

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#### FOR IMMEDIATE RELEASE

Contact: Heather Burnette, PIO 419-309-0153

March 30, 2023

## **Minority Health Month Kickoff 2023**

The Toledo-Lucas County Health Department's Office on Minority Health is pleased to announce the 36<sup>th</sup> Annual Minority Health kickoff. The Toledo-Lucas County Health Department's Office on Minority Health will be hosting several events during the month. This year's kickoff will be held at the following location:

Where: Mott Branch Library When: Thursday, April 6<sup>th</sup>, 2023 Time: 2:00 P.M. to 4:00 P.M.

This event will feature a beginner yoga session, taught by a certified instructor. Blood pressure and diabetes screenings will be available, along with health education materials and resources. Food, fun, gift cards, and prizes will be raffled off.

On April 29, 2023, the local office is hosting a Minority Health Expo, featuring lead screenings for children, community resources, food, raffles and much more. This event will feature several community organizations and health care providers. The Minority Health Expo will be held at the Frederick Douglass Center, 1001 Indiana Ave., Toledo, OH from 9:00 am to 2:00 pm.

### Both events are free and open to the public.

If you have any questions or concerns, please contact the Health Department's Local Office on Office on Minority Health at 419-213-2882.

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