

Healthy Youth and Family & Live Well Greater Toledo



March 2, 2023
Virtual Meeting via Microsoft Teams
9:00am-11:00am



Agenda:

Call to Order & Welcome

Amy Abodeely (CHC/TLCHD), Suzanne Saggese (OSU extension), Melissa Lanier (TLCHD/Child and Youth Wellness Manager), Karen Bakies (American Dairy Association Mideast), Gary Arbuckle (Board of Developmental Disabilities), Tim Lewis (American Heart Association), Jenny Hansen (Toledo Safe Routes to School), Laura Brubaker (BGSU), Malcolm Cunningham (ProMedica/Ebeid Center), Beth Deakins (YMCA/Live Well Greater Toledo), Steve Atkinson (Toledo Bikes), Kay Moesser (Urban Agriculture Alliance of Lucas County), Alaina Parrish (ODH), Tisha Lawson (Greater Toledo Community Foundation), Marriah Kornowa (Buckeye Health Partners), Natalie Haase (Ohio Safe Communities Traffic Safety Coordinator), Susan Zirkel (Mercy Health), Candice Braxton (Humana), Tania Hussain (Mercy Pediatric Resident), XuYongmin (Mercy Pediatric Resident)

1. Vision and Mission

- **Vision:** Vibrant Ohio Communities where everyone has access to healthy food and opportunities for active living.
- **Mission:** Activating community-led solutions to create sustainable change in policies, places, and population health.

2. 2023

- **Coalition**
 - Current Members/organizations**
 - Looking to add additional members/organizations. Any thoughts or suggestions please email.
 - New Mission/Vision/Principles**
 - CHC has created a new vision and mission stated above.
 - Principle Rubric/Evaluation Process**
 - CHC program shifted to a principles-focused evaluation approach to better reflect the work being done in the community.
 - The principles reflect common values, norms, and experiences that describe how the CHC program is implemented across diverse contexts.
 - The five principles are: sustainable and equitable investments, self-awareness and empathy, community-led solutions, organizational partnership, and coordinator responsibility.
 - CHC coordinator will complete an evaluation rubric with 2-6 partners on 1 CHC objective (AT Plan)
 - CHC coordinator will be reaching out to the 2-6 partners in early March to describe the rubric process during a meeting.

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- *The rubric survey will be open from March 22 to April 15th.*
- *PDA will compile the results and send a report to CHC coordinator in April.*
- *Results will be shared at our June 1 coalition meeting.*

- iv. **2023 Meeting Dates: March 2, June 1, September 7, December**
 - *Looking for organizations to host a meeting.*
 - *Committee would like to get back to in-person meetings so as to network.*
 - *September 7th meeting will be held at the LLC-Training Center at the Board of Developmental Disabilities.*
 - *Any suggestions on meeting ideas or sites, please let me know.*

- **2023 Active Grants**
 - i. **Creating Healthy Communities (CHC)**
 - ii. **Building Resilient Inclusive Communities (BRIC)**
 - iii. **Safe Routes to School (SRTS)**
 - iv. **Live Well Greater Toledo**

- **2023 Work plan**
 - i. **Active Living**
 - **AT Plan: Adoption and Implementation**
 - *Presenting to County Commissioners on March 6th*
 - *City of Maumee passed a resolution for the Active Transportation Plan.*
 - *Still trying to get a meeting with City Council to present the AT Plan to the Streets Committee before being added to the agenda.*
 - *Working with steering committee to prioritize the project and program recommendations in the draft plan.*
 - *Toole Design will be completing renderings and cost estimates on 3 projects*
 - *Steering Committee meets bi-month. Next meeting in April.*

 - **Vision Zero**
 - *City of Toledo contracted with Toole Design Group to facilitate drafting the plan.*
 - *In the final stages of drafting the plan.*
 - *Presenting to the City of Toledo's Streets and Utilities committee on March 20th.*

 - **Bike Infrastructure**
 - <https://wearetraffic.org/bikeparking>
 - *City of Toledo gifted all the old Toledo Bike Racks to We Are Traffic to refurbish and use as bike parking throughout the City. A picture of a refurbished bike rack at the Toledo Farmers Market is attached.*

 - **Inclusive Playgrounds/Exercise Equipment**
 - *Working with Ebeid Center and the ENP Health Equity Working Group to purchase exercise equipment for the park located next to Market on the Green.*

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- Will conduct community engagement to understand the needs and wants of the surrounding community.
- Working with the Ability Center to make sure all equipment is accessible.
- Hoping to have the equipment installed by end of summer.
- **Safe Routes to School**
 - Bike fix-it programs are being re-vamped and will become more of an Apprentice program. First day will consist of older kids learning to fix bikes and the second day they would help at bike-fix it as bike mechanics.
 - Will be hosting a number of bike fix-it events. Volunteers needed. Jenny to send out more information.
 - Submitted ODOT Infrastructure Grant for TPS to fund a number of projects.
 - Bike to School Day is May 3rd. More to come.
- ii. **Healthy Eating**
 - **Produce Prescriptions**
 - Pilot ran from July 2022-December 2022 with Health Partners of Western Ohio patients.
 - Served 28 patients and 103 household members
 - 4 sites participated as voucher redemption sites: Seaway, Toledo Farmers Market (Downtown and Westgate Location) and Family Food Center.
 - \$2,953.51 were redeemed in produce prescriptions.
 - \$1,003.51 worth of meal kit and produce boxes were delivered.
 - Participating patients really enjoyed the program and felt the coupons were extremely helpful.
 - **Healthy Food Access/Farmers Market/Corner Stores**
 - Health Department plans to host FM this summer. More to come.
 - Junction Neighborhood is interested in having pop-up markets with the Bloom Garden.
 - **Mobile Market Pilot**
 - No more information on the Ebeid Center's Mobile Market.
 - Toledo Northwestern Ohio Food Bank is in the process of receiving a Mobile Market that will be going to different identified sites.
 - **Client Choice Food Pantry**
 - Working with the Caldwell Center to set up a client choice food pantry along with developing food service guidelines for donations.
 - OSU extension is teaching nutrition classes at the Caldwell Center.
 - In the process of planning a nutrition education series in the 8 different countries they serve. It will run from May- August and the mobile market will be present for participants to shop.
 - May is Older American Month which will coincide with the kick-off at the Caldwell Center.

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- **Starting Fresh Diabetes and Chronic Disease**
 - A free 5-week program ran by Mercy Health at the Franklin Medical Center
 - Healthy recipes, grocery shopping tips and produce pick-up twice during the 5-week program
 - Diabetic and other chronic disease self-management information.
 - Last year distributed over 100 produce bags to starting participants.
- iii. **Social Connectedness**
 - **Senior assessment/programming**
 - Survey for older adults 50+ living in Lucas County to gather input on how age-friendly our county is.
 - Survey Link: <https://forms.gle/rsyubr56zQrBmw5w5>
 - Results of survey will be used by Area Office of Aging for applying for AARP's Age Friendly Designation Status.
 - Next meeting: March 27th at Mott Library from 2-4.
- **Additional Grants**
 - i. **REACH Grant (Racial and Ethnic Approaches to Community Health)**
 - A 5-year program aimed to improve health, prevent chronic disease, and reduce health disparities among racial and ethnic populations with the highest risk, or burden of chronic disease.
 - Three strategies: nutrition, physical activity plus one other option
 - 41 awards; approximately \$722,000/year
 - Will be reaching out for letters of support and/or information to use for the grant.
 - Due April 11, 2023
- **Eat Fresh Live Well Subcommittee**
 - i. **Next Meeting: March 27, 2023**
 - ii. **Meetings 4th Monday of the month, bi-monthly from 9-10am**
 - iii. **Meetings: May 22, July 24, September 25, November 27**
- **Active Transportation Subcommittee**
 - i. **Next Meeting: April 14, 2023 from 9:30am-11:00am via Zoom**
 - ii. **Meetings 2nd Friday of the month, bi-monthly from 9:30-11am**
 - iii. **Meetings: June 9, August 11, October 13, December 8**

3. Funding Updates

- **Safe Routes To School**
 - i. **ODOT WLS Infrastructure - \$390,190 –~~awarded- Herst and Fern Sidewalks- Summer 2023~~**
 - ii. **ODOT TPS Infrastructure - \$243,000 –~~awarded- Summer 2024~~**
 - iii. **ODOT WLS Infrastructure – ~~Foch and Brophy, Oldham and Bucklew- Summer2025~~**

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- iv. ODOT SRTS Non Infrastructure – TPS \$60,000 and WLS -\$20,000 --**awarded 2021-2022**
- v. ODOT TPS Non-Infrastructure – TPS \$40,000 and WLS-\$20,000 --**awarded 2022-2023**
- vi. Toledo Community Funds – year 2 -\$65,000 – **closed**

- CHC Funding
 - i. 2023
 - Awarded \$125,000 to complete Healthy Eating and Active Living objectives

- BRIC Funding
 - i. 2023
 - Money left over from 2022 budge + \$19,750 will over into CHC funding in March/April.

4. Open Forum / Questions

Karen Bakies

- Smoothie School Kit
 - i. <chrome-extension://efaidnbmninnibpcjpcglclefindmkaj/https://www.drink-milk.com/wp-content/uploads/2023/01/Smoothie-School-Kit.pdf>

Kay Moesser

- 2023 Fast Track Farming Program
 - i. https://forms.office.com/pages/responsepage.aspx?id=KHZI3jhahEWLXuTurjDE6gOS1roIYPJMgOSe_npm3EZUNk9UQUgwQ0k3SjBYNzNJU1IRTzU4MzBUOS4u

Tisha Lawson

- Minority Executive Leadership Certificate Program
 - i. <chrome-extension://efaidnbmninnibpcjpcglclefindmkaj/https://c4npr.org/wp-content/uploads/2023/02/MEL-Flyer-2023-Final.pdf>
- Nonprofit Excellence Award
 - i. Opens March 31 and closes May 31
 - ii. Grant Application portal: <https://www.grantinterface.com/Home/Logon?urlkey=toledocf>

Melissa Lanier

- Second Children's Health and Wellness Symposium is scheduled for Wednesday, April 26th from 9:30-1:00 at the Wildwood Ward Pavilion. See attached flyer.
- Please register at: <https://forms.office.com/r/Xx6uaChweg>

Gary Arbuckle

- March is Disability Month. See attached flyer.
- March 15th is a Resource Fair at Bousher High school.

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Suzanne Saggese

- Summer Meal Partners (SMP) of Northwest Ohio is a collaboration of community organizations dedicated to making sure every child is offered nutritious meals at no cost each summer. Check Summer Meal Partners' website for updates and resources. <https://www.partnerstoledo.org/summer-meal-partners>
- Save the date for the SMP Kick-off Event on June 1, 2023 at Wayman Palmer YMCA (Flyers coming soon). If you are interested in volunteering or providing resources to the community at this event, please reach out to Suzanne Saggese at Saggese.1@osu.edu
- If your organization would like to become a Summer Food Service Program Site, applications can be found at Connecting Kids to Meals website: <https://connectingkidstomeals.org/our-work/summer-meals/> or contact them at 419-720-1106 or Info@connectingkidstomeals.org. SFSP Applications must be turned in by April 17, 2023.

Steve Atkinson

- May 20, 2023 is Bike Day at the Farmers Market Downtown in support of Bike Month.

Susan Zirkel

- The 2022 Getting Healthy Zone Report has been completed. Report is attached.

5. Next Meeting :

- June 1, 2023
9:00-11:00am
Virtual meeting via Microsoft Teams

CHC Equity Statement: Health equity is achieved when all people in a community have access to affordable, inclusive, and quality infrastructure and services that, despite historical and contemporary injustices, allows them to reach their full health potential.

CHC Principles:

- **Sustainable and equitable investments:** CHC invests in policies, projects, places and people to create and sustain equitable, inclusive opportunities for healthy eating and active living.
- **Self-awareness and empathy:** Everyone involved in CHC prepares to engage in the work by strengthening self-awareness and empathy.
- **Community-led solutions:** Community members experiencing health inequities or social marginalization partner with CHC to amplify their collective power and lead solutions for their community.
- **Organizational partnership:** Organizations partner with CHC to align with the direct resources toward community members' vision and priorities.
- **Coordinator responsibility:** CHC Coordinators approach their relationships and the work with humility, transparency, dependability, and respect for other

