Healthy Youth and Family & Live Well Greater Toledo

December 7, 2023 Microsoft Teams-Virtual 9:00am-11:00am

Agenda:

Call to Order & Welcome

Amy Abodeely (CHC/TLCHD), Suzanne Saggese (OSU extension), Yvonne Dubielak (Toledo Grows), Stephanie Baltes (TLCHD), Melissa Lanier (TLCHD/Child and Youth Wellness Manager), Karen Bakies (American Dairy Association Mideast), Beth Deakins (YMCA/Live Well Greater Toledo), Kay Moesser (Urban Agriculture Alliance of Lucas County), Candice Braxton (Humana), Lance Dasher (TMACOG), Sandy McFarland (Metroparks), Tim Lewis (AHA)

1. Vision and Mission

- Vision: Vibrant Ohio Communities where everyone has access to healthy food and opportunities for active living.
- Mission: Activating community-led solutions to create sustainable change in policies, places, and population health.

2. 2023

- 2023 Active Grants
 - i. Creating Healthy Communities (CHC)
 - a. 2024 is final year of 5-year grant cycle
 - ii. Building Resilient Inclusive Communities (BRIC)
 - a. 2023 is last year
 - iii. Safe Routes to School (SRTS)
 - a. Awarded ODH funding. Will be revising TPS travel plan to include high schools
- 2023 Work plan: Year in Review See attached PowerPoint Presentation
 - i. Active Living
 - AT Plan: Adoption and Implementation
 - Bike Infrastructure
 - Inclusive Playgrounds/Exercise Equipment
 - Safe Routes to School
 - ii. Healthy Eating
 - Healthy Food Access/Farmers Market/Corner Stores
 - Client Choice Food Pantry
 - iii. Social Connectedness
 - Senior assessment/programming



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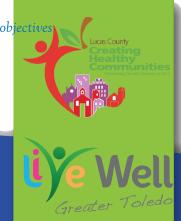
- Eat Fresh Live Well Subcommittee
 - i. Next Meeting: January 22, 2024
 - ii. Meetings 4th Monday of the month, bi-monthly from 9-10am
 - iii. 2024 Meetings: March 25, May 27, July 22, September 23, November 25
- Active Transportation Subcommittee
 - i. Next Meeting: December 8th
 - ii. Meetings: Quarterly
 - iii. 2024 Meetings: TBD

3. Moving Forward in 2024

- Live Well Greater Toledo/Healthy Youth and Family
 - i. 2024 Meeting Dates
 - March 7, June 1, September 7, December 7
- 2024 Work plan Objectives
 - i. Healthy Eating
 - Food access: corner stores
 - Client choice pantry
 - ii. Active Living
 - Active Transportation Plan (implementation)
 - Safe Routes to School
 - Inclusive Playground/exercise equipment

4. Funding Updates

- Safe Routes To School
 - i. ODOT WLS Infrastructure \$390,190 -awarded-Herst and Fern Sidewalks-Summer 2023
 - ii. ODOT TPS Infrastructure \$243,000 awarded Summer 2024
 - iii. ODOT WLS Infrastructure Foch and Brophy, Oldham and Bucklew-Summer 2025
 - iv. ODOT SRTS Non Infrastructure TPS \$60,000 and WLS \$20,000 --awarded 2021-2022
 - v. ODOT TPS Non-Infrastructure TPS \$40,000 and WLS-\$20,000 -awarded 2022-2023
 - vi. Toledo Community Funds year 2 -\$65,000 closed
- CHC Funding
 - i. 2024
 - Awarded \$95,000 to complete Healthy Eating and Active Liveing objective



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5. Open Forum / Questions

- "Smoothie Slurp"- in partnership with the Ohio Farm to School. February 5-9, 2024Registration is open to all schools. See attached flyer
- USDA released the 2023 Food Insecurity Report. Food Insecurity has increased in 2022. See attached report.
- The environmental pollutant subcommittee is developing an environmentally safe donation suggestion list for pantries. Will present to the group once developed.
- OSU Extension has created a Lucas County Food Assistance Resource Guide 2023. See attached.
- The 2022 /2023, Community Health Assessment is being released on Tuesday, December 12th from 9:30-12:00 at the Downtown Library in the McMaster Conference Room.

6. Next Meeting:

March 7, 2024 9:00-11:00am

Virtual meeting via Microsoft Teams

CHC Equity Statement: Health equity is achieved when all people in a community have access to affordable, inclusive, and quality infrastructure and services that, despite historical and contemporary injustices, allows them to reach their full health potential.

CHC Principles:

- Sustainable and equitable investments: CHC invests in policies, projects, places and people to create and sustain equitable, inclusive opportunities for healthy eating and active living.
- **Self-awareness and empathy:** Everyone involved in CHC prepares to engage in the work by strengthening self-awareness and empathy.
- Community-led solutions: Community members experiencing health inequities or social
 marginalization partner with CHC to amplify their collective power and lead solutions for their
 community.
- Organizational partnership: Organizations partner with CHC to align with the direct resources toward community members' vision and priorities.
- Coordinator responsibility: CHC Coordinators approach their relationships and the work with humility, transparency, dependability, and respect for other

