

Healthy Youth and Family & Live Well Greater Toledo

June 1, 2023

Wayman Palmer YMCA Conference Room

9:00am-11:00am

Agenda:

Call to Order & Welcome

Amy Abodeely (CHC/TLCHD), Suzanne Saggese (OSU extension), Melissa Lanier (TLCHD/Child and Youth Wellness Manager), Karen Bakies (American Dairy Association Mideast), Jenny Hansen (Toledo Safe Routes to School), , Beth Deakins (YMCA/Live Well Greater Toledo), Steve Atkinson (Toledo Bikes), Kay Moesser (Urban Agriculture Alliance of Lucas County), Alaina Parrish (ODH), Susan Zirkel (Mercy Health), Candice Braxton (Humana), Yvonne Dubielak (Toledo Grows), Allen Gallant (Metroparks)

Vision and Mission

- **Vision:** Vibrant Ohio Communities where everyone has access to healthy food and opportunities for active living.
- **Mission:** Activating community-led solutions to create sustainable change in policies, places, and population health.

2. 2023

- Coalition
 - i. Principle Rubric Results: ATP Objective
 - a. *Designed to measure: How much CHC program work follows the principles; document progress and changes that occur in the community; help communities identify strengths and opportunities for improvement.*
 - b. *The rubric results focused on the Active Transportation Planning objective*
 - c. *3 participants filled out the rubric*
 - d. *The participants rated each principle 0-5*
 - e. *Average level score for each principle:*
 - *Coordinator Responsibility: 5*
 - *Organizational Partnership: 4.3*
 - *Sustainable and Equitable investments: 4*
 - *Self-awareness and Empathy: 4*
 - *Community led Solutions: 3.7*
 - f. *Things to Continue doing*
 - *Engaging the community*
 - *Recruiting other organizations and community members to be part of coalition*
 - *meetings*
 - g. *Things to Start Doing*
 - *Promoting the coalition more*
 - *Recruiting more key community members/champions for objectives*
 - *Encourage more community members to be brought to the table outside of partnering organizations*

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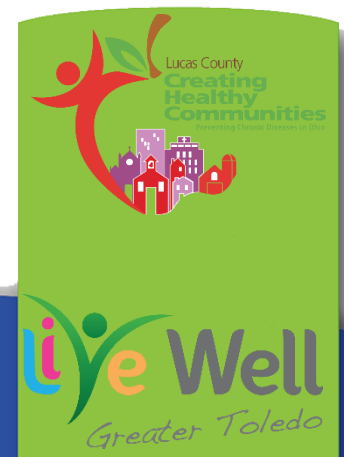
- **Inclusive Playgrounds/Exercise Equipment**
 - Ebeid Center conducted extensive community engagement regarding proposed exercise equipment for Ebeid Market on the Green Park
 - Received 359 votes across online, in-person, and dot voting.
 - Ordered 2-person accessible vertical press, 2-person ski, and upright bike with resistance
 - City Parks will install exercise equipment once delivered.
- **Safe Routes to School**
 - Awaiting NOA for ODOT infrastructure and non-infrastructure funding
 - Plan to update Toledo Public Schools Travel Plan to include High schools this fall
 - 36 schools registered for Bike to School Day (May 3)
 - Hosted Elmhurst Elementary for Walk to School Day event and Meadowvale Elementary for their bike parade
 - Conducted five bike fix-it events this spring; 100 bikes fixed and 187 bike helmets fitted.
 - Hosting 2 summer bike fix-it events at the West Toledo YMCA (6/22, 7/27)
 - Will implement Girls in Gear Program this fall at Hawkins Elementary. It will be a 4-week program and students will have to apply. Will need women speakers for the program focusing on: Bike Maintenance, Nutrition, Urban Design, and Public Speaking.

ii. Healthy Eating

- **Produce Prescriptions**
 - No new updates
- **Starting Fresh Diabetes and Chronic Disease**
 - 5-week program on Wednesday is from 11:30-1pm. See attached flyer
 - 15 people are currently enrolled.
 - Receive healthy recipes, grocery-shopping tips and produce pick-up twice during the 5-week program.
- **Healthy Food Access/ Corner Stores**
 - Toledo City Council approved a healthy food initiative ordinance allowing \$350,000 to be used for a pilot program to expand healthy food access through small independent neighborhood markets.
 - City of Toledo will subcontract the \$350,000 (ARPA funds) with HD to pilot a Healthy Corner Store Food Initiative to be completed by 2026.
 - The pilot program will be carried out, on an application basis, to small, independent neighborhood markets, allowing for the expansion of healthy foods to areas with low income and low access.
 - The funds will be used to hire staff, purchase needed equipment and displays for stores to sell healthy foods, initial cost of stock and one-half of cost of reorders, POS equipment, marketing, etc.
 - Will form a committee of diverse organizations and community members to assist in the application and selection process.
 - Plan to complete 2-4 stores between now and 2026.

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- **Farmers Market**
 - TLCHD will be hosting 3 farmers markets this summer from 11-2
 - July 20th
 - August 17th
 - September 21st
 - Will accept SNAP, WIC farmers market coupons, senior nutrition coupons, produce perks, and cash
- **Mobile Market Pilot**
 - No new updates
- **Client Choice Food Pantry**
 - Completed a pantry assessment
 - Pantry shelving and cooler are installed
- iii. **Social Connectedness**
 - **Senior assessment/programming**
 - Survey for older adults 50+ living in Lucas County to gather input on how age-friendly our county is.
 - Survey Link: <https://forms.gle/rsyubr56zQrBmw5w5>
 - Survey will close the end of June.
- **Additional Grants**
 - i. **REACH Grant (Racial and Ethnic Approaches to Community Health)**
 - a. A 5-year program aimed to improve health, prevent chronic disease, and reduce health disparities among racial and ethnic populations with the highest risk, or burden of chronic disease.
 - b. Three strategies: nutrition, physical activity plus one other option
 - c. 41 awards; approximately \$722,000/year
 - d. Submitted April 11, 2023; NOA in August
- **Eat Fresh Live Well Subcommittee**
 - i. Next Meeting: July 24, 2023
 - ii. Meetings 4th Monday of the month, bi-monthly from 9-10am
 - iii. Meetings: September 25, November 27
- **Active Transportation Subcommittee**
 - i. Next Meeting: June 9, 2023 from 9:30am-11:00am via Zoom
 - ii. Meetings 2nd Friday of the month, bi-monthly from 9:30-11am
 - iii. Meetings: August 11, October 13, December 8



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3. Funding Updates

- Safe Routes To School
 - i. ODOT WLS Infrastructure - \$390,190 – **awarded- Herst and Fern Sidewalks- Summer 2023**
 - ii. ODOT TPS Infrastructure - \$243,000 – **awarded- Summer 2024**
 - iii. ODOT WLS Infrastructure – **Foch and Brophy, Oldham and Bucklew- Summer2025**
 - iv. ODOT SRTS Non Infrastructure – TPS \$60,000 and WLS -\$20,000 – **awarded 2021-2022**
 - v. ODOT TPS Non-Infrastructure – TPS \$40,000 and WLS-\$20,000 – **awarded 2022-2023**
 - vi. Toledo Community Funds – year 2 -\$65,000 – **closed**

- CHC Funding
 - i. 2023
 - Awarded \$125,000 to complete Healthy Eating and Active Living objectives

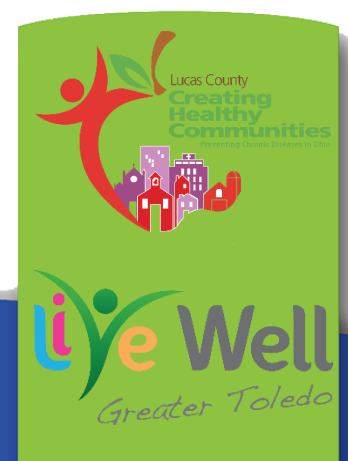
- BRIC Funding
 - i. 2023
 - Money left over from 2022 budget- \$19,750 will over into CHC funding in March/April.

4. Open Forum / Questions

- N/A

5. Next Meeting :

- September 7, 2023
9:00-11:00am
Board of Developmental Disabilities



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CHC Equity Statement: Health equity is achieved when all people in a community have access to affordable, inclusive, and quality infrastructure and services that, despite historical and contemporary injustices, allows them to reach their full health potential.

CHC Principles:

- **Sustainable and equitable investments:** CHC invests in policies, projects, places and people to create and sustain equitable, inclusive opportunities for healthy eating and active living.
- **Self-awareness and empathy:** Everyone involved in CHC prepares to engage in the work by strengthening self-awareness and empathy.
- **Community-led solutions:** Community members experiencing health inequities or social marginalization partner with CHC to amplify their collective power and lead solutions for their community.
- **Organizational partnership:** Organizations partner with CHC to align with the direct resources toward community members' vision and priorities.
- **Coordinator responsibility:** CHC Coordinators approach their relationships and the work with humility, transparency, dependability, and respect for other

