

# Healthy Youth and Family & Live Well Greater Toledo

September 7, 2023  
Larc Lane Training Center  
9:00am-11:00am

## Agenda:

### Call to Order & Welcome

Amy Abodeely (CHC/TLCHD), Suzanne Saggese (OSU extension), Steve Atkinson (Toledo Bikes), Yvonne Dubielak (Toledo Grows), Gary Arbuckle (Lucas County Board of DD), Marriah Kornowa (Buckeye Health Partners), Ben Pushka (Lucas County Commissioners), Deetra Mitchell (Lucas County Board of DD), Amy O'Neal (Ohio Special Olympics), Kelly Watson (Lucas County Board of DD)

### 1. Vision and Mission

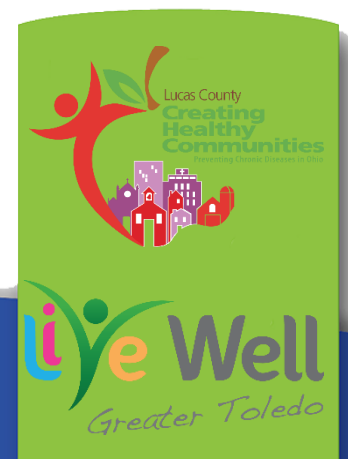
- **Vision:** Vibrant Ohio Communities where everyone has access to healthy food and opportunities for active living.
- **Mission:** Activating community-led solutions to create sustainable change in policies, places, and population health.

### 2. Presentation

- Health and Strategies Director for Special Olympics will present on Healthy Athletes
  - *Special Olympics Healthy Athletes program allows athletes to receive free health screenings.*
  - *The mission is to improve each athlete's health and fitness, leading to enhanced sports experience and greater sense of well-being.*
  - *Offer health screenings in nine disciplines: Special smiles, healthy athletes, strong minds, healthy hearing, FUNfitness, Opening eyes, MedFest, Fit Feet, and healthy young athletes.*
  - *Have completed 2500 health screens in Ohio.*
  - *Only one of five states within the U.S. who have a Healthy Young Athletes Program.*
  - <https://sooh.org/health-fitness/>

### 3. 2023

- Coalition
  - i. 2024 CHC application: Submitted July 31
    - *NOA to come out in November. Last year of 5-year grant.*
  - ii. 2023 Meeting Dates: December 7
- 2023 Active Grants
  - i. Creating Healthy Communities (CHC)
  - ii. Building Resilient Inclusive Communities (BRIC)
  - iii. Safe Routes to School (SRTS)



# Healthy Youth and Family & Live Well Greater Toledo

- 2023 Work plan
  - i. Active Living
    - AT Plan: Adoption and Implementation
      - Working with the City of Oregon and City of Whitehouse to adopt the AT Plan
      - Toole Design designed A-frame signage to display at Metroparks, Olander, Lucas County Board of DD, and Toledo Bikes as part of the engagement plan.
      - Toole Design is in the process of creating an implementation tool to track the AT Plan progress
      - City of Toledo is piloting a section of Nevada Street between White Street and Raymer Blvd to test the effectiveness of bump outs as a traffic-calming device in the neighborhood as part of Vision Zero and AT Plan.
      - Toole Design is the process of developing renderings for the City of Toledo that will include bike paths, crossings, etc. on Broadway Street.
      - In the process of developing a social media campaign.
    - Bike Infrastructure
      - Working with We Are Traffic to purchase a Bike Fix-it Station for the Chessie Trail at Kenwood and Douglas.
      - We Are Traffic and Toledo Bikes are in the process of determining the locations of the remaining ToleGo Bike racks. These racks will be refurbished.
    - Inclusive Playgrounds/Exercise Equipment
      - The City of Toledo Parks and Recreation installed the exercise equipment at Uptown Green, which included 2-person accessible vertical press, 2-person ski, and upright bike with resistance.
      - Evaluation of exercise equipment still needs to be completed.
    - Safe Routes to School
      - Ohio Department of Transportation awarded Toledo Public Schools \$498,687 for infrastructure improvements that include sidewalks, mid-block crossings, bump-outs, rectangular rapid flashing beacon, pedestrian ramp, high visibility crosswalk and pedestrian countdown signals
      - ODOT awarded both Washington Local Schools (\$48,600) and Toledo Public Schools (\$114,820) for non-infrastructure programming that includes National Walk and Bike to School Day events, Walk and roll Wednesdays, bike-fix-it events, updating travel plans, etc.
      - Girls in Gear Program will take place this fall at Hawkins Elementary. It will consist of 10 sessions: basic bicycle safety, basic bicycle mechanics, nutrition education, community urban design, and public speaking
      - Updating TPS school travel plan beginning this fall to include high schools.
      - Upcoming Bike Fix-it Events: 9/7-Silvercreek, 9/12-Riverside, 9/14-Shoreland, 9/21-Greenwood, 9/25-McKinley, 9/28-McGregor, 10/2-Chase Elementary. Interested in volunteering contact Jenny Hansen
      - Washington Local Schools kicked off Walk and Roll Wednesday on 9/13
      - National Walk to School Day: October 4<sup>th</sup>.

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- ii. **Healthy Eating**
  - **Healthy Food Access/Farmers Market/Corner Stores**
    - *Contract for the healthy food initiative pilot program has been finalized.*
    - *Will begin forming a diverse committee consisting of organizations and community members to assist in the application and selection process.*
    - *Hosted a pop-up farmers market at Friendship Park Community Center on August 24<sup>th</sup>. Good turnout redeemed 101 senior nutrition coupons, 6 WIC farmers' market coupons.*
    - *September 21, 2023, Farmers Market at Health Department from 11-2*
    - *September 28, 2023, Farmers Market at Friendship Park Community Center from 2-5*
    - *Both Farmers Markets will accept SNAP, WIC farmers market coupons, senior nutrition coupons, produce perks, and cash*
  - **Client Choice Food Pantry**
    - *Client post surveys were collected*
    - *OSU Extension will be hosting an October Nutrition series at the Caldwell Center.*
  
- iii. **Social Connectedness**
  - **Senior assessment/programming**
    - *Survey has ended. Waiting for results to be compiled.*
  
- **Additional Grants**
  - i. **REACH Grant (Racial and Ethnic Approaches to Community Health)**
    - a. **A 5-year program aimed to improve health, prevent chronic disease, and reduce health disparities among racial and ethnic populations with the highest risk, or burden of chronic disease.**
    - b. **Three strategies: nutrition, physical activity plus one other option**
    - c. **41 awards; approximately \$722,000/year**
    - d. **Submitted April 11, 2023; NOA in August**
  
- **Eat Fresh Live Well Subcommittee**
  - i. **Next Meeting: September 25**
  - ii. **Meetings 4<sup>th</sup> Monday of the month, bi-monthly from 9-10am**
  - iii. **Meetings: November 27**
  
- **Active Transportation Subcommittee**
  - i. **Next Meeting: October 13**
  - ii. **Meetings 2<sup>nd</sup> Friday of the month, bi-monthly from 9:30-11am**
  - iii. **Meetings: December 8**

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## 4. Funding Updates

- Safe Routes To School
  - i. ODOT WLS Infrastructure - \$390,190 – ~~awarded~~- **Herst and Fern Sidewalks- Summer 2023**
  - ii. ODOT TPS Infrastructure - \$243,000 – ~~awarded~~- **Summer 2024**
  - iii. ODOT WLS Infrastructure – **Foch and Brophy, Oldham and Bucklew- Summer2025**
  - iv. ODOT SRTS Non Infrastructure – TPS \$60,000 and WLS -\$20,000 – ~~awarded~~ **2021-2022**
  - v. ODOT TPS Non-Infrastructure – TPS \$40,000 and WLS-\$20,000 – ~~awarded~~ **2022-2023**
  - vi. Toledo Community Funds – year 2 -\$65,000 – **closed**
  
- CHC Funding
  - i. 2023
    - Awarded \$125,000 to complete Healthy Eating and Active Living objectives
  
- BRIC Funding
  - i. 2023
    - Money left over from 2022 budget \$19,750 will roll over into CHC funding in March/April.

## 5. Open Forum / Questions

### Karen Bakies (American Dairy Association Mideast)

- Free Webinar: Nutrition Through The First 1,000 Day of Life; September 27, 2023 from 12:00pm-1:00pm Register: [https://us02web.zoom.us/webinar/register/WN\\_3HVITikJQDWLsRS2NQ\\_ITA#/registration](https://us02web.zoom.us/webinar/register/WN_3HVITikJQDWLsRS2NQ_ITA#/registration). Flyer is attached.
- Ohio Hunger Dialogues 2023: Food Justice & Equity-Taking Action to Address Food Insecurity and Hunger. Friday, 9/8 from 8am-5pm and Saturday, 9/9 from 9am-3pm. See attached flyer to register.

### Yvonne Dubielak (Toledo Grows)

- Harvested 800# of honey
- Getting ready for the 2023 harvest dinners

### Marriah Kornowa (Buckeye Health)

- *Buckeye Fresh: September 9 at Toledo Downtown Farmers Market. \$10/person in produce coupons.*
- *Can provide funding and sponsorship for events. For more information reach out to Marriah.*
- *Can provide presentations on Health Literacy/Community Empowerment*

### Suzanne Saggese (OSU Extension)

- *OSU Extension offices have moved to the Botanical Gardens. Open house will be November 17. More information to follow.*
- *OSU Extension Lucas County has an open position with the Expanded Food and Nutrition Education Program (EFNEP). [https://osu.wd1.myworkdayjobs.com/OSUCareers/job/Satellite-Campus/Extension-Educators-Coordinator-2-Lucas-County\\_R87220-2](https://osu.wd1.myworkdayjobs.com/OSUCareers/job/Satellite-Campus/Extension-Educators-Coordinator-2-Lucas-County_R87220-2) Applicants must complete an online application with resume to be considered. Applications must be submitted by September 13, 2023.*

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Steve Atkinson (Toledo Grows)

- <https://www.toledobikes.org/>
- *Accepts bike donations*
- *Hours: Wednesday: 3p-7p; Saturday: 12p-6p; Sunday: 12p-4p*

Deetra Mitchell (Lucas County Board of DD)

- *Salute Meeting: September 11 from 5:30-7:00pm at the Training Center. See flyer*
- *Fall Festival: Lucas DD Family Fun Day: September 17 from 12p-4p. See flyer*
- *Join the University of Toledo Chapter of Best Buddies. See attached flyer.*
- *Free Golf Clinics: 10/6, 10/20 or 11/3 from 5p-6:30p at First Tee. See flyer*
- *Free Class: Social Security Disability Insurance: The Basics and More. September 20<sup>th</sup> from 5:30p-7:30p. See flyer*
- *Halloween Trunk or Treat. October 25<sup>th</sup> from 5:30p-7:30p at 1155 Larc Lane. See flyer.*
- *Wealth and Wisdom: Pathways to Financial Empowerment for People living with Disabilities. See flyer.*

## 6. Next Meeting :

December 7, 2023

9:00-11:00am

Virtual meeting via Microsoft Teams

**CHC Equity Statement:** Health equity is achieved when all people in a community have access to affordable, inclusive, and quality infrastructure and services that, despite historical and contemporary injustices, allows them to reach their full health potential.

### CHC Principles:

- **Sustainable and equitable investments:** CHC invests in policies, projects, places and people to create and sustain equitable, inclusive opportunities for healthy eating and active living.
- **Self-awareness and empathy:** Everyone involved in CHC prepares to engage in the work by strengthening self-awareness and empathy.
- **Community-led solutions:** Community members experiencing health inequities or social marginalization partner with CHC to amplify their collective power and lead solutions for their community.
- **Organizational partnership:** Organizations partner with CHC to align with the direct resources toward community members' vision and priorities.
- **Coordinator responsibility:** CHC Coordinators approach their relationships and the work with humility, transparency, dependability, and respect for other

