

# Healthy Youth and Family & Live Well Greater Toledo

March 7, 2024

Virtual Meeting via Microsoft Teams

9:00am-11:00am

## Agenda:

### Call to Order & Welcome

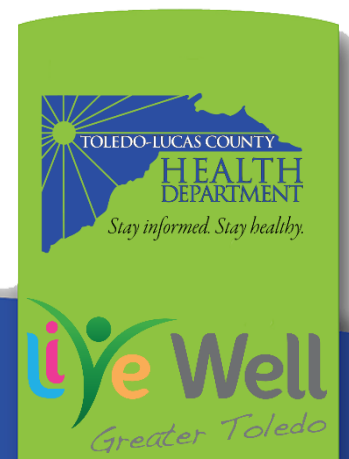
Amy Abodeely (CHC/TLCHD), Suzanne Saggese (OSU extension), Stephanie Baltes (TLCHD/Healthy Food Small Market Program), Melissa Lanier (TLCHD/Child and Youth Wellness Manager), Karen Bakies (American Dairy Association Mideast), Beth Deakins (YMCA/Live Well Greater Toledo), Rajesh Nagisetty (TMACOG), Tim Lewis (AHA), Lori Balogh (Lucas County Board of DD), Jamie Klear (Buckeye Health Partners), Ben Pushka (Lucas County Commissioners), Jenny Hansen (Toledo Safe Routes to School), Susan Zirkel (Mercy Health), Cheyenne Nawrot (TLCHD/Minority Health Program Coordinator), Kevin Milligan (Lucas County Children Services), Natalie Haas (TLCHD/Traffic Safety Health Educator)

## 1. Vision and Mission

- **Vision:** Vibrant Ohio Communities where everyone has access to healthy food and opportunities for active living.
- **Mission:** Activating community-led solutions to create sustainable change in policies, places, and population health.

## 2. 2024

- Coalition
  - i. Website/Coalition Packet
    - a. <https://lucascountyhealth.com/community-outreach/creating-healthy-communities-2/>
    - b. Website contains information about the CHC grant as well as the Healthy Youth and Family Coalition
      - Meeting dates and times
      - Objectives
      - Coalition members
      - Meeting minutes
      - Success stories
      - Coalition information: informational packet, MOU, and year in review
      - Links to corner store initiative, Active Transportation website, and healthy beverage ordinance
  - ii. 2024 Meeting Dates: March 7, June 6, September 5, December 5
    - a. Meetings are virtual from 9-11 via Microsoft Teams
    - b. If you need a meeting invite please reach out to Amy
- 2024 Active Grants
  - i. Creating Healthy Communities (CHC)
  - ii. Healthy Food Small Retail Program (City of Toledo ARPA funds)
  - iii. Safe Routes to School (SRTS): ODOT funds



# Healthy Youth and Family & Live Well Greater Toledo

- 2024 Work plan
  - i. Active Living
    - AT Plan: Implementation
      - *Fully adopted by County Commissioners on April 18, 2023*
      - *Other jurisdictions' to adopt plan: City of Maumee, City of Toledo, City of Sylvania, Sylvania Township, and City of Oregon.*
      - *Infographic was developed at the end of 2023 to document our success. See attached.*
      - *2024 will focus on implementing and documenting progress associated with the AT Plan*
      - *<https://www.livewelltoledo.org/local-active-transportation>*
      - *Committee will meet quarterly. If interested in joining the committee please reach out to Amy*
    - Bike Infrastructure
      - *Looking to increase bike infrastructure i.e. bike racks, bike fix-it stations to increase biking around Lucas County.*
      - *Any areas in need or ideas for locations, please reach out to Amy*
    - Inclusive Playgrounds/Exercise Equipment
      - *Uptown Green Park*
        - *Worked with City of Toledo Parks and Recreation to install three pieces of exercise equipment at Uptown Green Park in 2023.*
        - *In 2024 will continue this partnership to install an outside water filling station as well as an additional piece of exercise equipment.*
        - *In the process of conducting more community engagement*
      - *Lucas County Children Services Playground Update*
        - *Currently in the process of moving Lucas County Children Services to 301 Adams into the old HCR Manor building which has no space for a playground.*
        - *Raised around \$275K in grants and \$100K in purchased equipment that was to be installed at the old location*
        - *Working with Metroparks and Imagination Station to develop an MOU that a playground will be installed by the Imagination Station location that would be used for parents/children visits as well as the public.*
        - *The money previously raised would be transferred to this new location*
        - *Construction tentatively will start in 2025*
    - Safe Routes to School
      - *Washington Local Public Schools*
        - *Submitted the ODOT non-infrastructure and infrastructure grant application early last week*
        - *Infrastructure grant would be used for constructing sidewalks around a couple different schools.*
        - *Non-infrastructure grant would be used for existing programming such as walk and roll Wednesday, bike safety programs, helmet safety programs, etc.*
        - *Looking to incorporating Girl In Gears Program with their summer STEM program. More information to follow.*

# Healthy Youth and Family & Live Well Greater Toledo

- *Toledo Public Schools*
    - *In the process of updating school travel plan for the district to include the nine high school buildings.*
    - *More than 35% of students live within the 2 mile radius from their school*
    - *Walk audits will be conducted in the spring.*
    - *Student and parent surveys will be conducted*
    - *Applied for ODOT funding to assist with updating the travel plan*
  - *Bike to School Day*
    - *May 8, 2024*
    - *Still planning upcoming events for that day. More information to follow*
  - **Bike Month**
    - *May is Bike Month*
    - *Bike to School Day is May 8, 2024*
    - *Lucas County Board of Developmental Disabilities is collaborating with Metroparks and Mercy Health for Bike Day at Sidecut Metropark on May 18, 2024. Activities include rules of the road, helmet distribution, etc. More information to follow.*
    - *TMACOG is in the process of coordinating Bike Month Activities that will be shared on their website and Facebook page. Any information you would like shared, please reach out to Rajesh*
      - <https://tmacog.org/events/tmacog-bike-month>
      - <https://www.facebook.com/TMACOGBikeMonth/>
- ii. **Healthy Eating**
- **Healthy Food Access/Farmers Market/Corner Stores**
    - *Friendship Park Community Center is planning to schedule pop-up farmers market this summer. More information to follow.*
    - *April is Minority Health Month*
      - *Healthy Kids Day on Saturday, April 20<sup>th</sup> at Wayman Palmer YMCA from 11-2.*
        - *Focused on whole health for children and families*
        - *Opportunities for physical activity, healthy eating, activities focused on mental health and community resources*
        - *If you are interested in participating please contact Cheyenne Nawrot: [cnawrot@co.lucas.oh.us](mailto:cnawrot@co.lucas.oh.us)*
        - *Save the date flyer is attached*
  - **Healthy Food Small Market**
    - *TLCHD received \$350K (ARPA funds) from the City of Toledo to manage the Healthy Food Small Market Program*
    - *Store Requirements:*
      - *Low income, low access zip codes*
      - *5000 square feet or less*
      - *Independently owned/licensed retail food establishment: no gas stations*
      - *Accepts SNAP*
      - *Must be in good standing with all licenses*
    - *Established a committee to help develop the NOFA*
      - *First meeting was February 22, 2024. Discussed application questions*

# Healthy Youth and Family & Live Well Greater Toledo

- *Next meeting scheduled for March 21 from 9:30-11:00 at the Main Library.*
    - *Will be discussing NOFA budget and scoring rubric*
    - *If interested in becoming a member of the committee, please contact Stephanie: [Baltess@co.lucas.oh.us](mailto:Baltess@co.lucas.oh.us)*
  - **Client Choice Food Pantry**
    - *Working with Caldwell Center to implement a Client Choice Food Pantry as well as HER guidelines for pantry foods.*
    - *Client Choice Food Pantry Toolkit available if needed.*
  - **Summer Meals Partner Coalition**
    - *Summer Meals Program kick-off event is scheduled for June 6, 2024. Location TBD*
    - *Next coalition meeting is scheduled for April 23<sup>rd</sup> at 10am on zoom*
    - *Meals will be served starting May 28<sup>th</sup> -August 16<sup>th</sup>. 100 different locations for meal pick-up. Serves kids 18 and under.*
    - *For more information, please contact Suzanne: [saggese.1@osu.edu](mailto:saggese.1@osu.edu)*
- **Additional Grants**
  - i. **Creating Healthy Communities**
    - a. 5-year competitive grant
    - b. NOFA is released March 20, 2024
    - c. Application due May 6, 2024
    - d. Notice of Award Posted September 1, 2024
  - ii. **Farm to School Grant**
    - a. Live Well Greater Toledo applied to establish inside gardens in 12 Toledo Public Schools
    - b. Awaiting NOA
  - iii. **GusNIP: Nutrition Incentive Program**
    - a. Provide innovative strategies to provide fruit and vegetable incentives and increase redemption rate at the point of purchase at SNAP/NAP authorized retailers.
    - b. Will support 3 program area priorities: pilot programs, standard projects, and large scale projects
    - c. Grant Duration: 1-4 years depending on program area selected
    - d. Total Award: \$100,000- >\$500,000 depending on program area selected
    - e. Due: May 14, 2024
  - iv. **GusNIP: Produce Prescription Program**
    - a. primary goal and objective is to demonstrate and evaluate the impact of projects on (1) the improvement of dietary health through increased consumption of fruits and vegetables; (2) the reduction of individual and household food insecurity; and (3) the reduction in healthcare use and associated costs
    - b. Grant Duration: up to 3 years
    - c. Total Awards: \$500,000
    - d. Due February 28, 2024

# Healthy Youth and Family & Live Well Greater Toledo

- Eat Fresh Live Well Subcommittee
  - i. Next Meeting: March 25, 2024
  - ii. Meetings 4<sup>th</sup> Monday of the month, bi-monthly from 9-10am
  - iii. Meetings: January 22, March 25, May 27 , July 22, September 23 , November 25
- Active Transportation Subcommittee
  - i. Next Meeting: March 14, 2024 from 1:00-2:30pm via Microsoft Teams
  - ii. Meetings 2<sup>nd</sup> Thursday of the month, bi-monthly from 9:30-11am
  - iii. Meetings: March 14, June 13, September 12, December 12

## 3. Funding Updates

- Safe Routes To School
  - i. ODOT WLS Infrastructure - \$390,190 – ~~awarded- Herst and Fern Sidewalks- Summer 2023~~
  - ii. ODOT TPS Infrastructure - \$243,000 – ~~awarded- Summer 2024~~
  - iii. ODOT WLS Infrastructure – ~~Foch and Brophy, Oldham and Bucklew- Summer2025~~
  - iv. ODOT SRTS Non Infrastructure – TPS \$60,000 and WLS -\$20,000 –~~awarded 2021-2022~~
  - v. ODOT TPS Non-Infrastructure – TPS \$40,000 and WLS-\$20,000 –~~awarded 2022-2023~~
  - vi. Toledo Community Funds – year 2 -\$65,000 – ~~closed~~
- CHC Funding
  - i. 2024
    - Awarded \$90,000 to complete Healthy Eating and Active Living objectives
    - Ends September 30, 2024

## 4. Open Forum / Questions

### OSU Extension-

- *Upcoming family programs at Glass City Enrichment Center <https://lucas.osu.edu/news/eat-garden-be-mindful-activities>*
- *The March program at GCEC is centered on the "Beyond the Table" Natl Nutrition Month theme. (Talking about growing food, food waste, healthy choices)*
- *Website for OSU Extension events: <https://lucas.osu.edu/events>*
- *OSU Extension is now hiring! <https://lucas.osu.edu/news/we%E2%80%99re-hiring-program-assistant-%E2%80%93-expanded-food-and-nutrition-education-program>*

### Mercy Health

- *Next Starting Fresh Class: April 10<sup>th</sup> either in person or on Zoom. Free for all*
- *Ask the Expert: March 21 from 12:30-1:30pm via Zoom. Topic: Kidney Health*

### American Dairy Association

- *March is National Nutrition Month: Topic: Beyond the Table. More info: [eatright.org](http://eatright.org)*
- *Oral Microbiome and Nutrition: Promoting the Role of the Dietitian in Oral Health Webinar: Monday, March 11, from 12p-1p. See attached flyer to register.*

# Healthy Youth and Family & Live Well Greater Toledo

## Lucas County Board of Developmental Disabilities

- *Bike Day: May 18<sup>th</sup>*
- *In the process of organizing Fishing Derby Day.*

## Toledo Lucas County Health Department

- *Environmental Pollutants Subcommittee Meeting: March 20<sup>th</sup> from 10-11:30am. Link to attend: [https://teams.microsoft.com/l/meetup-join/19:meeting\\_NDE3ZTKyNzAtZDQwYy00YTBlWE3NzYtZjgyMzE3YmU3NGM3@thread.v2/0?context=%7B%22Tid%22:%22fd504949-c886-41cd-b439-9900e7db67cc%22,%22Oid%22:%220d411f6d-7fcf-4763-9a15-f06fbc7c2b35%22%7D](https://teams.microsoft.com/l/meetup-join/19:meeting_NDE3ZTKyNzAtZDQwYy00YTBlWE3NzYtZjgyMzE3YmU3NGM3@thread.v2/0?context=%7B%22Tid%22:%22fd504949-c886-41cd-b439-9900e7db67cc%22,%22Oid%22:%220d411f6d-7fcf-4763-9a15-f06fbc7c2b35%22%7D)*
- *Childhood Wellness Symposium will be scheduled the end of September/early October*
- *Travel Safety educator is working with Ohio State Patrol and Walleye with a campaign to wear seatbelts. She has magnets available if needed.*

## Lucas County Children Services

- *April is Child Abuse Month: Wear Blue Wednesday April 10, 2024 to take a stand against child abuse. See attached flyer*
- *April 18, 2024 at 11am is the Child Memorial Ceremony at 701 Adams*
- *Isiah House 117 kick-off is scheduled from April 28<sup>th</sup> at 2p at the Summit*

## TMACOG

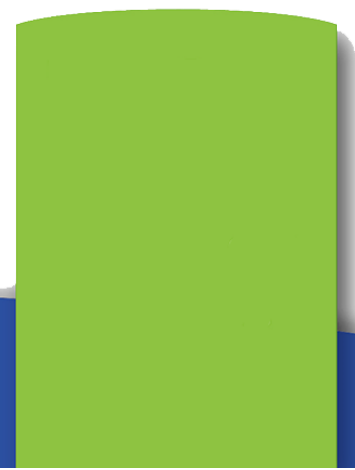
- *Have extra bike helmets available. If needed please reach out to Rajesh*
- *Looking into foldable baskets to be used on public transit for those individuals visiting stores. In early phases.*

## American Heart Association

- *Has a collaboration with the Toledo Public Libraries to allow patrons to check out blood press*

## 5. Next Meeting :

- June 6, 2024  
9:00-11:00am  
Virtual meeting via Microsoft Teams



**CHC Equity Statement:** Health equity is achieved when all people in a community have access to affordable, inclusive, and quality infrastructure and services that, despite historical and contemporary injustices, allows them to reach their full health potential.

## **CHC Principles:**

- **Sustainable and equitable investments:** CHC invests in policies, projects, places and people to create and sustain equitable, inclusive opportunities for healthy eating and active living.
- **Self-awareness and empathy:** Everyone involved in CHC prepares to engage in the work by strengthening self-awareness and empathy.
- **Community-led solutions:** Community members experiencing health inequities or social marginalization partner with CHC to amplify their collective power and lead solutions for their community.
- **Organizational partnership:** Organizations partner with CHC to align with the direct resources toward community members' vision and priorities.
- **Coordinator responsibility:** CHC Coordinators approach their relationships and the work with humility, transparency, dependability, and respect for other