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FOR IMMEDIATE RELEASE
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March 26, 2024

**Health Department Announces Events for
 Minority Health Month**

The Toledo-Lucas County Health Department’s Office on Minority Health is pleased to announce the 37th Annual Minority Health Month. In recognition of this important public health observance, TLCHD and its community partners will be host two events in April:

Black Motherhood: Tackling Postpartum Depression
 Thursday, April 11 – 11:00am to 2:00pm
 Kent Branch Library, 3101 Collingwood Blvd, Toledo, OH 43610

Keynote speaker, Jasmine Pope, Founder and Lead Therapist from Blessings in DisguiZe, will facilitate an open discussion about postpartum depression among black mothers.

Expectant mothers, mothers of children of any age, and other caregivers are encouraged to attend. Lunch will be provided and there will be a raffle for gift cards, and community resources will be available.

This event will also serve as the kickoff to Black Maternal Health Week 2024. ***Black Motherhood: Tackling Postpartum Depression is in collaboration with Cribs 4 Kids and CareSource.***

Healthy You/Healthy Kids
 Saturday, April 20 – 11:00am to 2:00pm
 Wayman Palmer YMCA, 2053 N 14th St, Toledo, OH 43620

Multiple organizations from around Toledo will come together to offer activities such as workout classes, health screenings, lead screenings for children ages 1-6, rock climbing, bike helmet fittings, giveaways, gift card raffles, and community resources.

TLCHD is partnering with Metroparks Toledo, Safe Kids of Toledo, NAMI of Greater Toledo, Healthy Start, and many others to provide activities and resources.

TLCHD will also be active in multiple other community events throughout Minority Health Month to promote opportunities for improving the health and wellbeing of Lucas County’s minority populations.

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