



635 North Erie Street
 Toledo, Ohio 43604-5317
 419.213.4100
 419.213.4017 Fax
 boardofhealth@co.lucas.oh.us



Karim Baroudi, MPH, REHS
 Health Commissioner

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FOR IMMEDIATE RELEASE

Contact: Heather Burnette, PIO
 (419) 309-0153

October 10, 2024

**Health Department Launches
 Asthma and Allergy Resource Dashboard**

The Toledo-Lucas County Health Department is excited to announce a new resource that will help thousands of Lucas County residents who live with allergies and asthma.

The health department recently launched the Asthma and Allergy Resource Dashboard on its website. The dashboard features real-time and forecast information about pollen (provided by pollen.com) and air quality (provided by the EPA and TMACOG). This initiative is designed to enhance public access to vital information regarding allergies and asthma.

Key Features of the Asthma Resource Page Include:

1. **Educational Resources:** Detailed information about common asthma triggers, and best practices for managing symptoms, including the EXHALE strategies.
2. **Interactive Tools:** Online tools to help residents assess their risk for allergies and asthma and identify specific triggers in their environment.
3. **Guidance for Parents and Caregivers:** Specialized resources for parents, caregivers, and schools, including action plans for managing asthma in children and tips for reducing allergens in the home.
4. **Local Environmental Data:** Access to local pollen counts, air quality reports, and other environmental data to help individuals make informed decisions about their daily activities.

Allergies and asthma are common conditions that affect thousands of residents in our community. With seasonal changes and environmental factors contributing to the prevalence of these conditions, it is more important than ever for individuals and families to have access to reliable, up-to-date information.

This effort is part of our ongoing commitment to promoting community health and providing residents with the resources they need to manage their health effectively.

[The Asthma and Allergy Dashboard can be found here.](#)

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