

How can families find a CMH-approved provider for their child?

Call your local health department or go to: www.odh.ohio.gov

- Click "A-Z INDEX" in upper right corner
- Click "Children with Medical Handicaps Program"

What conditions are eligible for CMH?

Some of the eligible conditions are:

- AIDS
- Cancer
- Cerebral palsy
- Cleft lip/palate
- Cystic fibrosis
- Diabetes
- Scoliosis
- Hemophilia
- Hearing loss
- Juvenile arthritis
- Metabolic disorders
- Severe vision disorders
- Sickle cell disease
- Spina bifida
- Congenital heart disease
- Chronic lung disease

Special health care needs may be caused by a condition a child is born with or develops later.

Which children are eligible for CMH?

- Those who are:
- Age 0-25
 - Permanent residents of Ohio
 - Under the care of CMH-approved doctor (M.D or D.O.) and who have or may have a chronic medical condition

Financial eligibility is required for the Treatment Program only.

How is a child enrolled in the CMH Program?

The child's CMH-approved doctor (M.D. or D.O.) sends a medical application form to CMH. Public health nurses can start the application process by referring families to CMH-approved doctors. The parent, legal guardian or client who is at least 18 years old must sign the release of information and consent on the application form before CMH can act on the application.

How can families learn more about CMH?

Contact your local health department or go to: www.odh.ohio.gov.



Complex Medical Help Program (CMH)

P.O. Box 1603
Columbus, Ohio 43216-1603

(614) 466-1700
1 (800) 755-4769 (Toll-free for parents only)
1 (800) 750-0750 (TTY)

HEA 7114

11/2023



Do you Have or Know of a Child with a Special Health Care Need?

Complex Medical Help Program (CMH) may be able to help.



What is CMH?

CMH is a health care program in the Ohio Department of Health. It links families of children with special health care needs to a network of quality provider and helps families obtain payments for services their child needs.

CMH supports the Patient Centered Medical Home (PCMH) where primary care providers and families work together to improve health outcomes and quality of life for children and youth with special health care needs and their families.

A Good PCMH:

- Knows its patients.
- Partners with and learns from children and families.
- Uses a team approach for the care of chronic conditions, which includes planned, proactive visits.
- Coordinates services.
- Co-manages with families and specialists.
- Assists with transitions.
- Provides connections with community organizations.
- Is satisfying for families, providers, and clinical staff.

CMH works with doctors and other health care providers to ensure that every child with a special health care need will have a PCMH.

Your voice is Important to CMH

Parents are encouraged to attend the Parent Advisory Committee (PAC) meetings. These meetings are held four times a year across Ohio. CMH values parent input on the development and delivery of programs and services for children with special health care needs. Please contact BCMh@ODH.Ohio.gov for more information.

Three Ways CMH Can Help...

CMH has three programs to help children with special health care needs. All services must be given by CMH-approved providers.

1 Diagnostic Program

Children can receive services for up to six months, from CMH-approved providers, to rule out or diagnose a special health care need or establish a plan of treatment. These services may include:

- Tests and x-rays
- Therapy evaluations
- Public health nursing services
- Visits to CMH-approved doctors
- Up to five days in the hospital

2 The Treatment Program

Children can receive services for one year, from CMH-approved providers, for treatment of an eligible condition. Both medical and financial eligibility are required for the Treatment Program.

- Laboratory tests and x-rays
- Physician visits
- Prescription medications
- Medical equipment and supplies
- Surgeries and hospitalizations
- Public health nursing services
- Therapies
- Service coordination

All services must be related to the child's eligible condition. If the child remains eligible, services may be renewed each year until the child reaches age 25.

3 The Service Coordination Program

This program helps families locate and coordinate services for their child. This is a limited program available to children, with specific conditions, who are seen by a team of providers at hospitals approved by CMH for service coordination.

