



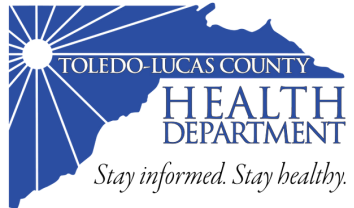
WHAT IS NALOXONE?

Naloxone, more commonly known by the brand name Narcan, is a medicine that rapidly reverses an opioid overdose. It is an opioid antagonist, meaning that it attaches to opioid receptors and reverses and blocks the effects of other opioids. Naloxone can quickly restore normal breathing to a person if their breathing has slowed or stopped because of an opioid overdose. But, naloxone has no effect on someone who does not have opioids in their system, and is not a treatment for opioid use disorder.

The State of Ohio does not require citizens to have a prescription in order to obtain naloxone.

Storage and Expiration Guidelines:

- Narcan expires 36 months after manufacturing.
- Store Narcan between 68°F and 77°F (room temperature, do not leave in your car).
- Excursions permitted from 41°F to 104°F.



FOR FREE NALOXONE:

Tel: 419-213-4168
 635 N Erie St.
 Toledo, OH
 Walk-ins Welcome:
 Monday-Friday
 8:30am-4:00pm

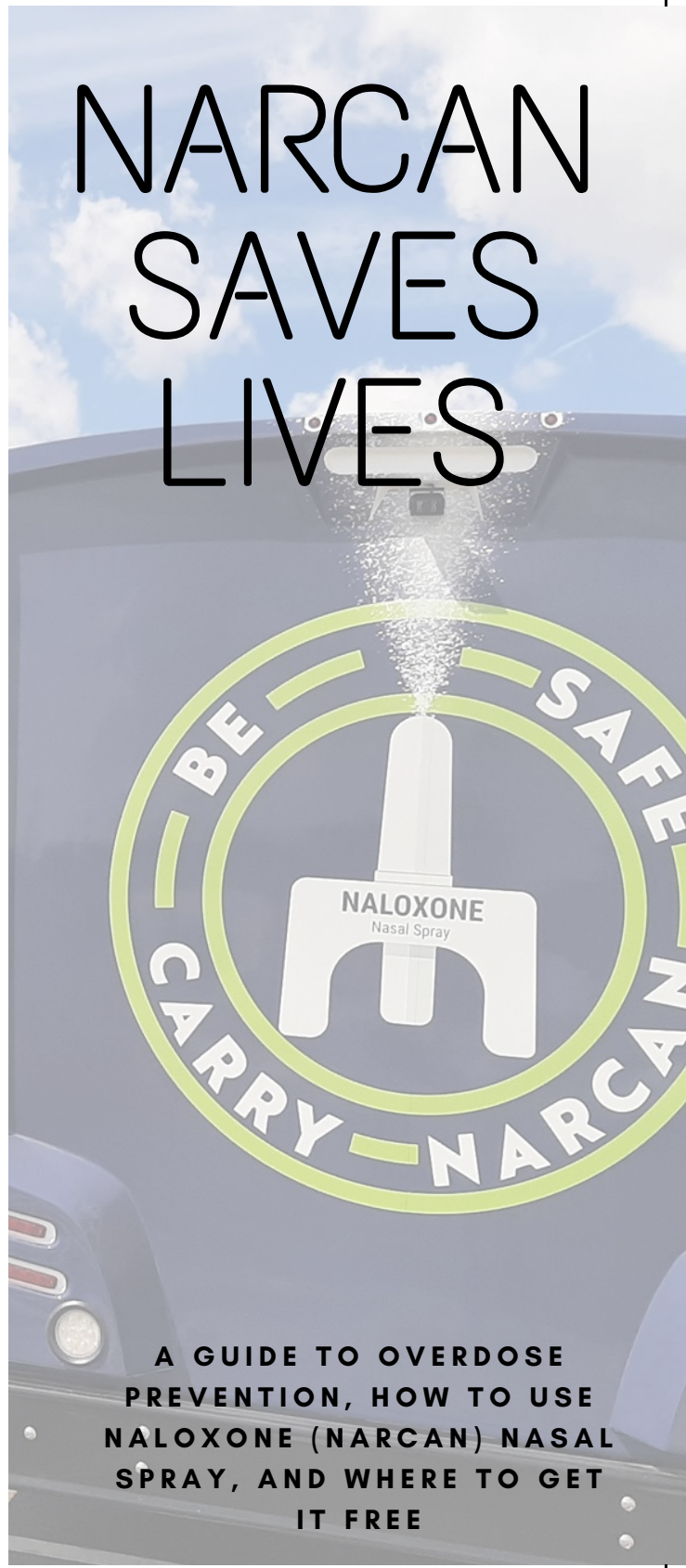
Mail order naloxone available for Lucas County Residents:
www.lucascountyhealth.com/narcan-training

FOR NOSS:

Tel: 419-213-2655

Facebook: www.facebook.com/NOSS2655

SIGN UP FOR TEXT ALERTS



NARCAN SAVES LIVES

A GUIDE TO OVERDOSE PREVENTION, HOW TO USE NALOXONE (NARCAN) NASAL SPRAY, AND WHERE TO GET IT FREE

ONE CALL CAN SAVE A LIFE

GOOD SAMARITAN LAW

OH **AGAINST** OD

CALL 911. NO MATTER WHAT.

Far too many people don't call for help when they witness an overdose. They are afraid of being arrested when police arrive with emergency medical help. Ohio's Good Samaritan Law is designed to remove that fear by granting varying levels of immunity for people who call 911 during an overdose.

OHIO'S GOOD SAMARITAN LAW

Ohio's Good Samaritan Law provides immunity for minor drug possession to people seeking help during a drug overdose. You can't be arrested or prosecuted if:

- Law enforcement found drugs as a result of calling 911 during an overdose.
- You have a drug test and are referred to for treatment within 30 days.
- You provide documentation verifying the date and time of your drug test and referral.

Immunity can be used twice. People on parole or probation are not eligible. Immunity is limited to possession of controlled substances.

HOW YOU CAN PREVENT OVERDOSE

Know what you are **taking**

Avoid **mixing** with alcohol or other drugs

Know your **tolerance**

Avoid **using other than as directed**

KNOW THE RISKS

Overdoses happen when someone consumes a toxic amount of one or multiple drugs. An overdose is a **medical emergency**, so if you think that you or another person may be overdosing it is critical to **call 911 immediately**.

Risk factors for opioid overdose include:

- Using opioids without medical supervisions
- High dosages of opioid use
- Taking opioids by injection
- Concurrent medical conditions
- Using opioids in combination with other substances or medicines
- Resumption of opioid use after an extended period of abstinence

Overdose symptoms can vary and sometimes it is hard to differentiate between relatively less-severe side effects of a drug and the symptoms of a life-threatening overdose.

Potential signs and symptoms of an **opioid overdose** include:

- loss of consciousness
- constricted or pinpoint pupils
- slow or shallow breathing (or no breathing at all)
- choking, gurgling or snoring sounds
- blue or purple lips or fingertips.

IDENTIFY OPIOID OVERDOSE AND CHECK FOR RESPONSE

- **Ask** person if he or she is okay and shout their name.
- **Shake** shoulders and firmly rub the middle of their chest.
- **Check for signs of opioid overdose**
- **Lay the person on their back to receive a dose of Naloxone (Narcan) Nasal Spray.**

GIVE NALOXONE (NARCAN) NASAL SPRAY

- **Remove** Naloxone (Narcan) from the box. Peel back the tab with the circle to open the nasal spray.
- **Hold** the nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.
- **Gently insert the tip of the nozzle into either nostril.**
 - Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into one nostril, until your fingers on either side of the nozzle are against the bottom of the person's nose.
- **Press the plunger** firmly to give the dose of Naloxone (Narcan) nasal spray.

CALL FOR EMERGENCY MEDICAL HELP, EVALUATE, AND SUPPORT

- **Get emergency medical help right away.**
- **Move the person on their side (recovery position)** after giving Naloxone (Narcan) nasal spray.
- **Watch the person closely.**
- **If the person does not respond** by waking up, to voice or touch, or breathing normally another dose may be given. Naloxone (Narcan) nasal spray may be dosed every 2 to 3 minutes, if available.
- If the person is not breathing, provide 2 rescue breaths, then 1 every 5-6 seconds. If the person has no pulse, perform 30 chest compressions, then 2 breaths, and repeat until help arrives.