

CYCLOSPORIASIS: SYMPTOMS & TREATMENT

WHAT SHOULD YOU DO IF YOU HAVE SYMPTOMS?



Anyone experiencing symptoms of *Cyclospora* infection should contact their healthcare provider or seek medical attention for treatment.



Other germs such as norovirus, *E. coli*, salmonella and more can cause similar symptoms, so **testing** to determine what may be causing symptoms is highly recommended.



If left untreated, an individual may experience cyclospora symptoms lasting a few days to a month or longer with symptoms returning after initial improvement.

COMMON SYMPTOMS

Symptoms can vary from person to person, but may include:



Watery diarrhea,
(most common)



Loss of appetite



Weight loss



Abdominal cramps and/or
bloating



Nausea



Prolonged fatigue

HOW IS IT TREATED?



Cyclosporiasis is treated with sulfa-antibiotics such as Bactrim, Septra, or Cotrim. If you are allergic to sulfa drugs, talk to your healthcare provider about other potential options.



Resting and drinking plenty of fluids is also important for those experiencing diarrhea.



Individuals with a healthy immune system will eventually clear the parasite, but illness may last for a month or more without treatment.

